

THE ART OF DOING YOURSELF A FAVOR

There was once a contractor, a man who build homes, until he was 65. From an early age, no one knew how to build homes like he did, so a very wealthy contractor hired him from the outset, and they had a great relationship. At the age of 65, this contractor approached the project developer and said, "I am tired. I want to retire and enjoy my family. I am done. It was great working for you. I am ready to resign."

The project developer begged him, "I have just one more house I need you to build. Just one more. Please, don't leave, until you build one more house!" The tired contractor said, "Alright. I will do just this one last house."

And he did, although the work was done reluctantly. He cut every corner; he did the worst job ever... just to get the job done. Just to finish on good terms with his boss. He felt bad for the person who would buy this house, "but it won't be my problem to fix the leaks, the plumbing backups, the weak foundations, when the problems begin. I will be after my pension."

He handed the keys over to his boss, and his boss told him to have a seat. "You have been so loyal to me, for so many years. I didn't want to just let you go, without giving you a present. I thought to myself, the best present I can give you is a house. So, before you left, I had you build one last house, and that house will be yours! Thank you so much! I really hope you enjoy your future, with your brand new house, built in top condition, by the best builder." The whole way home, the builder was banging his head. What have I done! The only one I fooled was myself! I have to live now, with the leaks, the weak foundations, and all the problems, for the rest of my life!!!

As we edge ever-so-close to Yom Kippur, to the end of the Asseret Yemei Teshuva, some people feel like they don't have much energy left. As people get closer to Neilah on Yom Kippur, they feel like they have already given it all they've got, and there's nothing left to give...But it's your house, your future, your life. You are not doing Gd a favor, or doing a favor for your parents or Rabbi. This is all about *your* house. Your going to have to deal with it. No one else.

Every one is looking for something to take on as a merit, as a token of improvement and change. With just a few hours left before Yom Kippur, we are at the bottom of the ninth, with two strikes. There are some things that are sure homeruns, that will for sure tip the scales. One of them is to stop talking in Shul.

The other day, I mentioned in a class what R' Chaim Palaji brings from the Tikunei Zohar, from R' Shimon Bar Yochai. (Tochachot Chaim Teruma; Tikun 18 page 33b) There are three books that are opened when people are praying. The book of the Tzaddikim whose prayers are answered immediately, the book of the Middle of the Road whose prayers are listened to, but are not allowed "in", and the book of the Wicked who are pushed away from G-d, and their prayers are not answered.



Who are the wicked, R' Shimon asks? The ones who will be written in the book of the wicked are those who speak in Shul, during prayers! רשיעייא אדחיין מתמן ולא יהיב שאלתין דילהון אלא עלייהו אתמר מי אדחיין מתמן ולא יהיב שאלתין דילהון אלא עלייהו מבזין בקש זאת מידכם רמס חצרי ואלין אינון רשיעייא דהוו מבזין למלכא בצלותהון דמנחן למשמע צלותא ופסקין לה על שיחה למלכא בצלותהון דמנחן למשמע צלותא ופסקין לה על שיחה their prayers will not be answered, because they are destroying G-d's Courtyards!!! They are belittling the King with their prayers!!!

I gave this class, and I got some slack. Someone complained, "Rabbi, I don't like it when rabbis mention the punishment of things that we are doing wrong. Please be more sensitive, because you might be turning off some people."

I felt he had a good point. After all, I don't want to hurt anybody's feelings. I should be thankful that the person is coming to shul! But when I discussed his comment with my wife, she told me the story of the contractor. Baruch Hashem, I don't have a Rabbi job, so I am not scared of getting fired. I work for G-d, and I try to help people build their houses in the next world. If I could only teach a person that by not speaking in shul, he is not only doing the whole shul a favor; most of all, he is doing himself a favor! Someone who speaks in Shul, he is removing G-d's Presence both from the shul and from the Jewish nation, G-d forbid! (Chatam Sofer) Why should we be sensitive to a person who is the most insensitive?! The Chida says, better that this person should not come to shul! (Brought down in Kaf Hachayim 151;8) It's the only instance mentioned in Shulchan Aruch where the halacha is to yell at the person who dares to speak during prayers, in the Chazzara. (Sh. A.' 124)

There are so many mitzvoth where we got it all wrong. We think that when we give Tzeddaka, we are "helping" G-d, doing Him a favor. G-d doesn't need you, or me, to help His Yeshivot, His Kollelim, His poor people, His widows, His special children, His orphans, He has a million and one ways, but He is giving you and me an opportunity to rip up our evil decrees. (Rosh Hashana 16b) We think we are doing G-d a favor when we are wearing Tzitzit, while every minute you wear Tzitzit, you get 613 mitzvoth. (Nedarim 25a; Sephardim need to wear wool Tzizit, even in summer, to get this amazing deal. Sh' A, Rambam). We think we are doing G-d a favor when we check our clothes from Shaatnez, while in truth, if you have Shaatnez in your clothing, your prayers will never be answered. (Rekanti Kedoshim) Not even on Yom Kippur. The Satan has a day off on Yom Kippur, (Yoma 20a) as hinted in his name השטן, numerical value of 364, because there is only one day of 365 days of the year that he is off. But there is one thing that gives the Satan the ability to stop a person's prayers on Yom Kippur: if the person is wearing Shaatnez. (Yaarot Dvash, on the story why we eat fish in the meal before Yom Kippur, because of the "tailor".) Every Shabbat we keep, G-d forgives even the severest of sins, like idolatry. Do yourself a favor and wear Tzizit, check your clothes for shaatnez, learn how to keep shabbat, don't speak in shul, and pour your heart out on Yom Kippur in shul, until the very last prayer.

This is your life, your future; don't take any shortcuts.

KEEPING TO YOUR SCRIPT

One of the biggest problems facing the Orthodox is not being able to feel closeness with G-d. "Rabbi, I want to feel the *Yomim Tovim* more, I want my Shabbat table to be more spiritual, I want my prayers to have more fire in them..."

We are talking about good, Orthodox Jews who are trying. People who really *are* close to G-d, who really *are* trying to be good Jews, but not *feeling* closeness, not feeling connected. It seems that feeling closer is obviously much deeper than doing something different. It seems to be more about *being* something different.

I would like to look at our role of serving G-d from a fresh perspective. I will call it "the Yom Kippur perspective." There is a mitzvah to do *teshuva* every day of the year. What is special about the *Teshuva* of the *Yomim Noraim*, of the High Holidays?

The *Teshuva* that is to be made in these days is not just about what you have done. But about who you have become, and all that is a result. Yom Kippur is about doing Teshuva because you are not doing your *Tafkid*, the purpose you were created for.

In the *Viduy* of Yom Kippur, we say something interesting. עד שלא נוצרתי איני כדאי. *Before I was born, I had no worth.* What? We are saying *Viduy* for how we were before our birth? What could we have possibly done wrong before we were born?

Before I was born, for almost 6000 years, my soul was waiting for this generation to be sent down by G-d. To be born into *my* family, with *my* parents and *my* siblings, into *my* community, and to be created the exact time I was created. At the precise, predetermined second. Your Neshama was destined to enter the world in exactly the minute it came, to exactly the parents you have and into the story that is specifically yours. *Before I was born, I wasn't ready to be born, for my destiny had not yet begun.*

And this is what we say Viduy about. אנוצרתי שנוצרתי שנוצרתי And now that I have been born, it is as if I had not been born. I was not worthy of being created by G-d until now, because before, I was not able to fulfill my Tafkid. I could not bring G-dliness to the world, in my unique way, until today. And now that I have been created, I am looking around at everyone else, copying others' ways of serving G-d, trying to be everyone else except myself! I waited so long to get on my unique stage for G-dliness, and I forgot the script!!! And now that I have been created, it is as if I have not been created.

This is the message of the story of Yonah, in its metaphoric version. (Vilna Gaon; Mishna Berurah 622 Sh. Tzi. 6) Each Jew comes down for a purpose; each soul is here on a mission. And sometimes, we try to run away from what we are supposed to be doing. And, when one runs away, G-d keeps sending the person back until the *Tafkid* is done.

How do we know what our soul's mission is about? The Arizal taught his students that those things that you are having difficulty with are the reason you are here. And your *Tafkid* is for those things that you are needed for. We need to dedicate our lives to where we are needed most. We need to dedicate our energies to those areas in which we can make our unique contribution.

Sometimes, your "lot" is to be a "holy being," something like the goat that is brought as a *Korban* for Hashem. And sometimes, your lot is to be like the "*LaAzazel*" goat - to bring out G-dliness in what does not appear to be a G-dly way. I will explain.

Yom Kippur is the day that is like Purim. Purim is about Esther: a righteous woman who needed to be in the most impure places, to defile herself. That was her mission. That was what she was needed for, in order to save the Jewish Nation. And that is what her Rabbi told her to do. Purim is about Mordechai, a great Torah Scholar, one of the Gedolei Hador, from the head of the Sanhedrin, who needed to sacrifice his high level of learning in order to save Klal Yisrael. Esther and Mordechai are the ultimate example of living their *Tafkid*. And sometimes in life, you think that you are being a tzaddik, but by not living up to your soul's purpose, you can be this "passive-aggressive Haman." עד דלא ידע בין ארור המן לברוך מרדכי.

Rabbi YY Jacobson said, in the name of his Rebbi, something very powerful. We know that Reuven saved Yosef from his brothers, by putting him in the pit. Then, the brothers sat down to eat lunch, and during lunch, Shimon and Levi decided to kill Yosef. Yehuda saved Yosef by selling him. Reuven came back to the pit, and Yosef was gone. Reuven tore his clothes, and asked his brothers what they had done. *And, now, how was he to face his father*?

Rashi asks, where was Reuven at the time of the sale? Why did he disappear, when his brothers sat down for lunch? Because Reuven went to do his fasting, to clothe himself in sackcloth and ashes, for his hasty act of moving his father's bed next to his mother, Leah's, so many years earlier. He was doing his holy thing. But, Reuven! You could have saved us all from 210 years of slavery in Egypt, had you just stayed there at the pit and watched over your brother! Had you not been busy doing Teshuva, but instead, had kept your eyes on your brother in the pit, you could have gotten forgiveness for your mistake from your father, just by being responsible and saving your brother Yosef's life!! How many times do we not notice our "brother in the pit," because we are too busy with our own lofty levels of spirituality?

What do Reuven and the brothers have to do with Yom Kippur? EVERYTHING! What are the words in Yom Kippur Mahzor, immediately before the words mentioned about the fact that we are not doing our *Tafkid*? ישורון כי אתה סולחן לישראל ומוחלן לשכטי For You are the One who forgives Yisrael, and You forgive the Tribes! Why are we mentioning the Tribes on Yom Kippur? Because we bring the sacrifice of a goat to remind us that the reason we suffer so much is for not taking responsibility for each other and atone for that sin. The Tribes dipped Yosef's striped coat in goat's blood and brought it to their father Yaakov.

How can a person who is being so frum, so holy, be like a Haman? Well, I can't think of something as aggressive as a Haman. But I can think of what would have happened if Esther had stayed away from Achashverosh. She could have let Haman do what he wanted to do. Because she was being holy. And the same could have happened if Mordechai would not stop his high level of continuous Torah study to guide Esther and take control of the situation. So, how do we feel close to G-d? The Baal Shem Tov would say that if you want to speak to G-d, speak to the person who you have a hard time being nice to. Because G-d is right over his shoulder. שויתי יקוק לנגדי מיד I will place Hashem opposite me always. The word לנגדי, the Baal Shem Tov would say, is referring to the one opposite me, my opposition. But I would like to change that a drop, in line with the Arizal's way of discovering our Tafkid. G-d is there wherever you have opposition in life. To fix the Middah that is hardest for you to fix. Jealousy. Self-Centeredness. Lust. Anger. Our soul was sent to this world to fix that Middah that is hardest to fix, and if we do not, that Middah takes over our life. The Shofar is the acronym of the words שורש פורה ראש ולענה. There is a root of bad inside each and every one of us. If we do not uproot it, it only gets worse. The Shofar blast is meant to wake us up and have us notice what we need to correct. No matter how many years we have been working on it, that is what we are here for. That is our Tafkid.

When you experience or encounter a difficulty in life, G-d is so close. He gave you that *Tafkid*. When you are facing a seemingly insurmountable difficulty, that is what G-d put you here for. Until you accept the fact that when you have no options, and you are having difficulty, that is your *Tafkid*, the mission of your soul. Until you humble yourself to the array of options that G-d puts in front of you, YOU WILL NEVER FEEL CLOSE. You might be very close to G-d, but you will not feel it, until you accept that your circumstance is part of your mission. And it is from that situation that G-d wants you to connect.

THE SECRET INGREDIENT TO TRULY FORGIVE

On my way back from *Tashlich*, a yeshiva student approached me with a touchy subject. I asked him if he believes in this *Tashlich* thing, that you can get rid of sin, do *Teshuvah* and become a new person. He said he did not believe that G-d lets us just throw away our sins, especially if there are high stakes that the sins might be repeated. "I am not going to really change anyway. I am the same guy as last year and two years ago, and I know that there will be another Yom Kippur that I will have to change again anyway. So, why should I invest my efforts into something that will fail, to begin with?"

I asked him, "What would happen if you tried a bit harder to learn, to pray, to be a better you... What would happen then?" His answer was, "It's nice. But then, sometime soon, when I catch myself doing what I am not supposed to do, seeing what I am not supposed to see, *then I view myself as if all the good that I did was all a fake*! Why should I aspire to spiritual greatness, put my mind and heart towards that when I am, anyway, a *spiritual shrimp*?" Good question.

And this is how I responded. The main theme in the Amidah of Mussaf Rosh Hashana is Malchuvot. Zichronot and Shofarot. Zichronot are about how G-d reminds Himself of actions or situations that caused Him to be merciful, and put into action His attribute of mercy. The first on the list is how G-d remembered Noah in the Ark and saved him. This vear, I bought a new R. H. Machzor, and what it said in the footnote brought me to tears... "Even though we do not have deeds that make us deserving of being remembered for the good in judgment, when we measure these deeds against ourselves, (for most of our good actions are tainted with emptiness) even so, compared to others that are on yet a lower level than ours, we are worthy of Your love and compassion. For, just as You remembered Noah with love when You judged him, Your love to him was not determined by the greatness of Noah's acts (as R Yochanan said, Noah lacked Emunah. He lacked faith in G-d and did not enter the Ark until the water reached his ankles, for he did not believe that there would really be a flood). Still, You remembered Noah with love, when You compared him to the people of his generation. נה איש צדיק תמים היה בדרתיו

There are endless perspectives from which G-d can view us in judgment. By and large, the way we judge ourselves, the way we judge others, is in accordance with our expectations of them and our view of how they are supposed to act. Who says our expectations are realistic, and that this is the way G-d sees things? Who says that someone who tries and fails is a *spiritual shrimp*, or a *faker*?

I asked the yeshiva student, "What is the first name of the most serious, most studious boy in Yeshiva? You know, the one who prays and learns with fire?" "Shimon," he replied. "And if you caught Shimon when he was overtaken by his temptations, looking where he is not supposed to, or not living up to his standards, what would your opinion of him be?" "Shimon is one big faker!" was his quick reply.

Why do we judge Shimon like that? Why is Shimon, who learns the whole day with fire, prays with fire most of the time, considered the fake Shimon, while the Shimon that we caught when his Yetzer Harah caught him, is the real Shimon? Maybe it is the other way around!!! Maybe Shimon who was caught by his Yetzer Hara was the fake Shimon, the Shimon who is *faking it*, while the real Shimon is the one we know in the Study Hall!!

This is the core element of all forgiveness. The art of reframing. Reframing the context. "In light of ...," things are different. This is how we can forgive ourselves and others, and this is how G-d forgives us. G-d does not just let things go. That is not what forgiveness is about. Forgiveness is powered by G-d's Mercy, *Rachamim*. The root of the word *Rachamim* is *Rechem*, a womb. A womb makes place within itself for something else, even though there is, ostensibly, no more room. *Rachamim* is making room for another perspective. Looking at yourself, at others, in a way that will give room for justification.

The all-time master of reframing perspectives was R' Levi Yitzhak from Berdichev, who would always find a way to judge a Jew in the most positive light, even the greatest sinner. His Hassid noticed that when he was invited to attend a Brit Milah, his Rebbe always asked if there would be a proper *Seudah*. Otherwise, he did not attend. The Hassid asked R' Levi Yitzchak why he wanted to make sure that a proper *Seudah* had been planned.

"My greatest defense for the sinners of the Jewish Nation to the prosecuting angels is the *Seudah* of a Mitzvah. Even the greatest sinner in Klal Yisrael does not throw a party when he "sins big." Most sins are committed in private. But for a Mitzvah, we make a *Seudah*, we make a whole *ta-ra-rum*. This merit cries out to the Heavens that we are happy to perform mitzvoth, and we are not happy about our sins! A proper *Seudat Mitzvah* is prime time for presenting this claim to the Heavens!!"

It is hard to forgive others, even though it is something we all want to do before Yom Kippur. And it is even harder for us to forgive ourselves. But, if you cannot respect others for the good things they do, finding a perspective from which you can forgive them, you will continue on for another year holding the same emotional pain in your heart. And, if you can't respect *yourself* for the "little spiritual things" you do, like wearing a

Yarmulke, then you can never believe that you are worthy of investing energy in your spiritual goals.

FATHERLY FORGIVENESS

The words of our prayers are precise. There is not one bit of redundancy or random usage of words. The Great Assembly revealed to us with their Torah knowledge and prophecy, the code we use to dial G-d, the prayers as we have them in our Siddur. We refer to G-d as YKVK, Elokim, Kel, Avinu, Malkenu, etc. Each title or Name has a specific purpose, a rhyme and reason, when and where they are meticulously placed in our prayers. For example, we refer to G-d specifically as Kel, Almighty, specifically regarding cure, (כי א-ל רופא כי א-ל (רחמן) forgiveness (רחמן), and financial blessing (/כי א-ל טוב ומטיב אתה ומברך השנים) כי א-ל טוב הא-ל הזן אותנו) and redemption. If He can create something from nothing, for sure, He can create a cure, a way to forgive and accept, and a financial solution, and redeem us.

Of course, G-d is One, and even if He has 13 Middot of Mercy, they are merely attributes, but of One G-d. Even 13 is the numerical value of the word אחד, One. The Attributes are just different ways He behaves and reveals Himself to us, different ways He relates.

There is a description we make mention of when dialing G-d for forgiveness and mercy in difficult times. Avinu, our Father. השיבנו לתורתך/ סלח לנו אבינו כי חטאנו/ עננו אבינו ביום צום *Return us* our Father to your Torah/ Forgive us our Father for we have erred/ Answer us our Father on our fast day. We also find this description of Father regarding our request to ask for Torah clarity, in the blessing before Krivat Shema אבינו אב הרחמן When R' שלינו ותן בליבנו בינה להבין Akiva teaches us how lucky we are because of Who forgives us, he teaches אשריכם ישראל לפני מי אתם מטהרים ומי מטהר אתכם אביכם שבשמים. Fortunate are you, Yisrael, in front of Who are you becoming pure, and Who is purifying you? Your Father in Heaven. R' Akiva prayed for rain and was answered, even though his Rebbi, R' Eliezer B. Hurkenus, who was just as great or maybe greater, was not answered. Even though R' Eliezer prayed

24 prayers, and R' Akiva prayed only two! What did R' Akiva pray? אבינו מלכנו אין לנו מלך אלא אתה, 'Our Father our King, we do not have another King except for you! Our Father, our King, for Your sake have mercy on us.

What is the difference between *Avinu* and *Malkenu*, our Father and our King? Why is the title *Avinu*, our Father, used when we ask for forgiveness and in times of stress? And why do we specifically use the referral of Father regarding His teaching us Torah?

The difference between father and king is that when you disobey and get hurt because you broke the rule, the father cares less about the fact that you violated his word and cares more about the fact that you got hurt. King, on the other hand, cares more about the fact that you disobeyed his command. Hashem gave us His Torah, because He cares for us, like a Father. רצה ה' לזכות את ישראל לפיכד הרבה He wants us to have the best Olam Hazeh and Olam Haba possible. When you disobey, He cares that you got hurt, that you are in pain, resulting from the sin, and He wants more than anything to help you out. G-d is also referred to as King, on the other hand, in that He does not need to answer up to anyone, and if He wills to do you good, nothing can hold him back, whereas a father may want to help his son, but not always able to. אבינו מלכנו, is a hybrid prayer, accessing the power of Father, and King.

The Rosh writes the reason why G-d wills that we eat a meal on Erev Yom Kippur, "to show His love, like a person who has a favorite child and decrees that the child fasts a day, he commands to feed and give drink to the child on the day before the fast, so that the child can manage the fast. G-d, too, commands us to fast for our sake, to forgive our sins, and warns us to eat and drink Erev Yom Kippur because He loves us and is worried for us."

A Heavenly voice came out when R' Akiva's prayers were answered, and R Eliezer's was not. "It

is not because this one is greater than that one... Rather, it is because R' Akiva was forgiving and patient, while R' Eliezer was not forgiving and patient." (Taanit 25b) For the 13 attributes to work for you to bring you G-d's mercy, it is not enough to say them; you must also behave them. <u>תעשו</u> לפני רסדר הזה This gives G-d the power to act with mercy and patience towards you when you have mercy and patience. תנו עוז לאלוקים The power of R' Akiva's prayer was the power of his patience, so that is why he referred to G-d as אבינו, Our Father, as there is nothing more that will make you patient than being a father. We prefer during High Holidays a Hazzan who is a father. A father is not only mastering patience but also learning responsibility for others.

The merit of patience and responsibility is so great. It is just as great as the ultimate self-sacrifice, *Akeidat Yitzhak*. The Midrash tells us that when Gd exiled our people at the destruction of the First Temple, He asked our Patriarchs and leaders in Heaven to pray for the Jewish Nation's merit that He will bring them back to the Holy Land. Avraham mentioned sacrificing his only son, his only future, for G-d. Yitzhak mentioned his ultimate self-sacrifice. Yaakov mentioned his patience in bringing up the tribes and being responsible for them. Moshe mentioned his responsibility and patience in being a leader. (Eicha Rabti Peticha 24) It seems that patience and responsibility, are equal to self-sacrifice, and when we want to ask G-d to annul a decree, there is nothing more powerful!

Another unique dimension of Father is that a Father knows his son more than the son knows himself. A person is primarily affected by his Nature (49%) and how he was Nurtured (51%). Nature: DNA, family strengths and weaknesses, personal strengths and weaknesses, behaviors, and personality that you were born with. Nurture: How you were nurtured from your birthday, until now. Who were the people in your life, their beliefs, what system (family, school, community, social circle, culture) you were born into, and where you were positioned in that system. Nature and Nurture are what you were made up of, your hard drive, which is not good or bad. This is how G-d set you up, and no one, not even you, can be aware and keep track of your Nature and Nurture like G-d, our Father, can. If you sinned, if you have a hard time repenting or fighting your inclinations, He is your Father and knows what you are going through, what you are dealing with, and how much free choice you have. G-d accepts you, even when you do not accept yourself, and loves you even when you do not love yourself... because He is vour Father.

Selfie Steps to *Teshuva*:

- 1. All change needs to go through three steps I call Triple A. Awareness. Acceptance. Action. You need to master these three to make a long-lasting impact. <u>Awareness</u> of what you have done and the result of your actions. Awareness of the two things you are made up of, your Nature, how you were Nurtured, and what options and choices you have available to you.
- 2. You need to <u>Accept</u> who you are, accept the situation you are in, accept the people in your life for who they are, accept G-d's decision of how He runs His world, and only then can you take action to change. Those who change know that you can only change yourself, you can only change how you feel and behave, and you can only change the present. The only way to do this is by realizing that G-d accepts us for who we are. He just does not accept our behaviors, thoughts, or feelings when they are not in line with His Torah.
- 3. Action. Make a list of all the things that would be great if you were able to change. Now find the one thing from that list that if you changed that one thing, it will have the most significant impact on the rest of your list of things to change. (I found that the most significant thing that would impact my change is to make a detailed schedule on my calendar of the next day in advance and

then stick to my calendar. These 15 minutes a day of scheduling has had the most significant impact on the rest of my goals.)

A LIFE AT FULL THROTTLE

Are you going through life at the speed limits you set for yourself? Or are you at full throttle?

This question has been going through my head over the last two months. And I am so grateful that it has. This is the "charged" life, where you question all of your limitations. Your limited beliefs. Your limited relationships. Your limited perspective of yourself, of who you can be, of how much you can forgive, and how much love of G-d you can bring to your family and to your world.

The question you need to ask yourself is this: *What* do I dare myself to do? i.e., Who do I dare myself to forgive? How low am I willing to lower my ego, to be the best father/husband/ Rebbi/ brother/ brother-in-law/ son-in-law/ employer/ employee/ Jew, I can be?

This "dare-question" is the trillion-dollar question. If you do not dare, you are not putting your greatness on the other side of the seesaw of your inflated ego. Only when you dare yourself, do you bring endless energy into your life. Where does that energy come from? G-d gives it to you. How so?

We know of only one prayer that G-d prays. And His prayer is that He behave with His children with a full throttle of mercy, with no limits of judgment. From where do we know that G-d prays? הקריקתים (דְּבָרִאוֹתִים בְּבָית הְפָלְתִי " (ישעיה נו,ז) (שעיה נו,ז) והָבִיאוֹתים לש אל הר קַדְשׁי וְשׁעַחְתִים בְּבֵית הָפַלְתִי " will bring them to My holy mountain. And I will make them happy in the house of <u>My</u> prayer... (Yeshayah 56,7) G-d's prayer. What does He pray? May it be the will before Me, that my Mercy overcome My anger. This is the underlying prayer of Yom Kippur, that the Kohen Gadol asks in the Holy of Holies. (Berachot 7a) This is the main work that we need to work on for the great Yom Kippur ahead of us.

G-d loves it when we challenge ourselves and when we do, His Attribute of Mercy overpowers His Judgment. This is what it means when we say, לכרחם אב על בנים כן תרחם עלינו (כרחם אב על בנים כן תרחם עלינו Selichot Shiva Assar Btamuz) G-d has mercy on us, like the greatest mercy in the world, the mercy of a father to his son. (See Tehillim 103;13) Our Rabbis tell us which Av, which father's mercy, is meant in the passuk. Like Avraham Avinu had on Yishmael. Like David had on Avshalom. The greater that you have mercy for those that don't deserve it, the greater the mercy G-d will have on you. As Mama Rachel, Rachel our Matriarch's mercy, "challenged" G-d's Mercy, in Yaakov Shwekey's classic:

When her plaintive cry gained divine consent A challenge to her Maker Can the mercy of mere flesh and blood Run deeper than Yours, our Creator?

How low are you willing to lower your ego for the sake of your relationships? Rachel was willing to give up her relationship with her husband, her Matriarch ID, even her life, just so that her sister Leah wouldn't cry anymore. And with this conquering of her natural impulses, she was able to confront G-d's Mercy. And G-d accepted this confrontation, and displayed how great His Mercy is, as He promised to heed her call, and bring back His Children to their land.

Your ability to put your ego aside for the sake of something greater is what G-d loves about you most. הָבָן יַלִיר לִי אָפְרִיִם אָם יֵלָד שׁצִישׁעִים בְּי־מִדֵּי דְבְרִי בִּוֹ זָלָר אָיְבְרָצּוּ עָוֹד עַל־כָּן הָמָו מַעִי לוֹ רַתַם אֲרַחָמָצוּ נָאָם־יְהֹוֶה: (Yirmiyahu 31 ,19) Is Ephraim dear to me? Is he a darling child, for whenever I speak of him, I remember him even more intensely? That is why My innards are moved because of him; I will surely have mercy on him. The word of G-d.

Who is this Ephraim, that G-d is willing to be so nice to? The Rokeach has a brilliant explanation. <u>We</u> are all Ephraim, for we all come from Avraham, Yitzhak and Yaakov, who were all humble as *Efer*, as ashes. What does it mean, humility, like ashes? Ashes come from a powerful

tree, from a powerful past. Now, they are ashes. We all have it in our genes the ability to be like ashes, the ability to put our inflated ego aside, our limitations of pride, of honor, of fear of shame, for a greater purpose. That is how G-d perceives us; this is why G-d loves us, for we are His people of "full-throttle humility" for we are willing to make ourselves as insignificant as ashes.

As I wrote this article, I got tapped on the shoulder. It was my son who came back from school. "Abba, do you know that your son stole from you?" No. It is not fair for me to hear you say this about your brother, if he is not here. So, we walked over to his brother, the "thief," who was sitting on the floor in his room, playing Playmobil. "Abba, he took, the Playmobil sword that was part of a set that you bought for the whole family, not just for him, which means, theoretically, that he stole from *you*. I want it too, but he is not letting me play with it, because *he* is playing with it.

I stepped down to the son who called the other son a thief. "Tzaddik! I do not remember where that sword is from. And your brother claims that it is from a Playmobil that I bought for him. I dare you to ask him nicely to let you play with it! Do you think you could be strong enough to ask him nicely? I am sure then, that he could find in his heart the strength to let you play with it, even though he thinks it is his, once he sees how strong you are in being able to ask nicely for what you think belongs to you."

I do not know if, at my age, I am much better than my child. At that young age, we fight about Playmobil type stuff. And at older ages, as we get bigger, the stuff we fight about also gets bigger, like positions of honor, rights, pride. I do not know if you or I will be able to do full *Teshuva* before Yom Kippur. It doesn't really matter. The main thing is that you did *some Teshuva*, because that

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means that you humbled yourself, which means you realized that you could have been more, and you have much more to go, and you have much more to let go of. Humility, *Efer*, is what *Teshuva* is all about, and the more you become *Efer*, the higher level of *Teshuva* you have reached. (Kad Hakemach Rosh Hashana A)

Every year at the Mikveh before Rosh Hashana and Yom Kippur I have this crazy thought. We all start from nothing; we are all created the same. I do not deserve to have more, or be more, than anybody else in the Mikveh. Whatever "more" I was given by G-d means that I am held "to give more." (Iggeret Haramban) I could have been born into that other person's shoes, that other person's clothes, that other person's family, Yetzer Hara, facial features, that other person's horoscope, and only G-d knows what else that person is dealing with. How haughty to think otherwise, and to be judgmental! And when you strip yourself of your inflated ego, you can literally be disconnected from your sins, as your faulty behavior was just part of your inflated ego that you took off before immersing. Now you can come to Yom Kippur with your sins in your hands and say to G-d, I did it! I lived life full-throttle! Now, G-d! Show the world how great You are, and let your mercy go full throttle!

I dare you. I dare you to respect the person who is different, to speak nicely to the person you think stole your Playmobil, pride, or is a clash to your personality. I dare you to stop being judgmental. I dare you to accept all that G-d gave you, and accept all that G-d did not give you. I dare you to dare yourself every day, to live your life to its fullest. And I promise you. Once you do, G-d in His endless Mercy will bestow you with such energy, you will not believe that you are actually you.

- Every day of your life, dare yourself to do something you never thought you could do before, in every area of life. Spiritual goals. Business goals. Family quality time goals. Health Goals. Relationship goals.
- 2. Ask yourself what do you gain by not living life full throttle? What type of an

amazing life are you losing out by not pushing through your self-imposed limitations? In spiritual. Business. Family. Health. Relationships. Pray to G-d. Ask Him that His endless mercy outweigh His judgment. Ask Him to grant you the courage and strength to change the things that you *can* change in life.

THE WORLD'S GREATEST SMUGGLER

At the Shabbat table, my 10-year-old boy tells me Israeli jokes. He cracks up every time. But there are two jokes that I will not forget. Here is one of them...

An Israeli soldier stood guard at the Israel -Jordan border. He had the early morning shift. His job was to thwart attempts at illegal entry and to prevent smuggling of drugs, weapons, and the like. One day, an old Arab with a friendly smile pulled up in a shiny, clean tractor. The tractor's shovel was filled with sand. The Israeli soldier stared at it suspiciously. "Odd. Don't we have enough sand in Israel? For sure, this guy has drugs in the sand," he thought to himself. "Halt! Sir, empty out all your sand and flatten it to the ground!" The Arab said he did not see what the problem was. "No excuses, sir." The Arab emptied out all the sand. Clean, fine sand. That's all. The Israeli soldier double-checked. examined the papers, scratched his head, and then sent the Arab on his way. The next morning, the whole scene was repeated. "Oh, he thinks that if I check the sand every day and find it clean, eventually, I will stop checking ... and then he will be able to smuggle drugs inside the sand "Halt! Sir, empty it out! I am going to check your sand every day! You will not bring it in without it being thoroughly searched." When his meticulous checking turned up nothing, the soldier let him go. This happened every day for a month. Eventually, the two became somewhat friendly.

The Israeli soldier could not figure it out. He got curious as to why this Arab was bringing clean sand into Israel each morning. So, the next time, he called the friendly Arab out and offered him a cigarette. As he lit up, the soldier asked the Arab, "Tell me, you look like a smart guy. You come every day with the sand. Do Israelis really need sand from Jordan?" The Arab took a deep puff. He looked to the right. He looked to the left. No one was around at this hour to hear the conversation. He whispered to the soldier, "I tell you. But you tell nobody. I am not smuggling sand. I am smuggling tractors."

And here is the second.... In Ben Gurion Airport, there are two customs entries into Israel red and green. Green means that the traveler has nothing to declare. Red means you have something for which you would like to pay customs. A man in the attire of a religious Jew made his way to the green lane, schlepping with him five refrigerators. The secular customs control officer did not like what he saw. Who needs five refrigerators for personal use? This man must be smuggling in refrigerators. "Sir, I need to ask you, where do you think you are going with those?" The religious fellow smiled and started to explain. "As you see, I am a religious man. The Halacha says that we cannot have meat and milk together. I am ultrareligious, and I have two refrigerators at home, one for meat and one for dairy. This way, for sure they won't mix." The custom patrol officer put his hands on his hips. "And what about the other 3?" The religious fellow smiled. "Oh, didn't you ever hear of Passover? We religious Jews are very particular to keep chametz away from our Passover foods. I need two fridges for Passover, as well: one for meat and one for milk. "The officer rolled his eyes. "Sir, and what about the fifth refrigerator?" The religious looking traveler snapped back at him – "Oh, come on. Are you really going to make a big deal because of just one refrigerator?"

Time is limited between now and the end of these Days of Repentance. Many Jews are looking to do *Teshuva* in the time that is left. We search and search for what to repent on, for what to change in our lives, but many times do not see what it is that can or should be changed. In reality, the underlying

problem many of us face is that in order to do Teshuva, one needs awareness. Awareness of our actions. And awareness of how much the Evil Inclination has affected our decisions. The Yetzer Hara always finds a way to get us to let the big things pass inspection. He gets all manner of transgressions past our "check point", past our standards and past the inspection of right and wrong. Past what we believe in. And worst of all, in order for our Evil Inclination to complete his trap, he diverts our attention away from the most central, essential issues. He tries to smuggle anti-Torah beliefs over the border of our good judgment. He tries to insinuate into our thoughts that if we have sinned, just one more won't make that much of a difference...

For instance. G-d waits during these days for his children to repent. His greatest will is that we enjoy serving Him. Our souls came here for that purpose. One day, to achieve enjoying serving Gd. These are fundamental tenets of our religion... Serving G-d means living as a Jew is supposed to live. Praying, as a Jew is supposed to pray. Believing, as a Jew is supposed to believe. These are the fundamentals of being a Jew... The Yetzer Hara concentrates his fight on the fundamentals: he fights until Jewish identity is lost. He fights to alter our beliefs and to get us to accept his beliefs, beliefs such as: "Studying Torah daily is not for me." Or, "The rabbis do not understand the people or the times... I am not good at the religion thing... If I have sinned, then G-d looks at me as if I am a permanent sinner... G-d expects too much, so I will only do what works in with my lifestyle... G-d has favorites - all those who are successful..." It is these beliefs and the like that the Evil Inclination wants to make part of our psyche. And they are more dangerous than the sins that he may or may not get us to do. They define the identity of a person and his belief system and have the greatest effect on one's life decisions. And they are the big wins of the Evil Inclination.

The passuk says *variable* in the wicked shall abandon his ways, and a strongminded man (shall leave) his thoughts. The passuk here is describing two types of Teshuva: Teshuva from sin and evil ways, and Teshuva from thoughts

and beliefs that are invalid – those that are against Torah principles and therefore, also against the truth. For example, says R' Ovadia Yosef, zt"l, a person who thinks, even for a minute, that learning Torah is not saving the world, that learning Torah is not keeping our nation alive must do Teshuva for such thoughts. For this goes against the teachings of our Rabbis, אם לא בריתי יומם ולילה חוקות שמים וארץ לא שמתי. This is one of the fundamental thoughts and beliefs which are of paramount importance, because they determine the way we are going to feel and behave. All G-d wants from is our attempt to change for the better; all He wants is for us to become what a "Jew" is supposed to be. And being a Jew is not genetic alone. It is a way of life, a belief system and a system of values....

The ways of the Yetzer Hara can only be seen "out of the box" - they can be recognized only when presented totally out of context. And that is why I needed to bring you a "mashal" like that of the tractor or that of the fellow with the fridges. The worst belief that the Yetzer Hara can persuade you to accept during these days is: Why try to get better, if I will probably fall again? Why be wishywashy? Try and be more religious and then fall again? Just be straight, consistent and don't try any more. I have already tried so many times to get better, and I just cannot make it. If I give up trying to get better, I will stop failing and be happier, as I accept myself for who I am. You failed so much, don't make a big deal of just one more failure, one more day of leaving everything status quo...

This is the worst belief of all, the worst tractor, because it sounds like a legitimate claim. But in reality, it is not that way. Teshuva is just so simple; it is so beautiful. It is for everyone, and every day makes a difference. Because the call for Teshuva does not mean to take on challenges that you have been unable to meet year after year. Instead, try something small... very, very small... and achievable. Last year, I tried to take upon myself smiling more at people. That's all. Just smiling. Of course, I was not smiling all the time. But I am happy that I tried. Because I know that is all G-d wants from us, to try. Not even to try our hardest. Just to try... That's one of the things that a Jew is all about.

YOM KIPPUR AND JIBEL MONTER

One day this summer, my boys and I went for a jeep ride in the Judean Desert. Our driver/guide brought us to a mountain peak the Arabs call "Jibel Monter" (Mt. Monter). We got out, and the guide pointed to Mt. Scopus in the distance. He said that, according to many, we were standing on the very mountain so central to the avodah of Yom Kippur - the mountain from which the goat was flipped backwards to "Azazel" during Temple times. It was a clear day, and I turned to see the magnificent view of Jerusalem, and turned again to the jagged cliff below. As I looked down the cliff and then up to see the other mountains that tower over the beautiful view of the Dead Sea, I could not keep my eyes off the drop. I wondered out loud to our guide: "Wouldn't this place be a great place for zip lining or bungee jumping?" I could just see the advertisement: Face Satan, and jump off Azazel Peak! The guide quickly put this wild idea to rest. He told me that even non-religious people feel some type of trepidation regarding this mountain, and would not use this serious place for entertainment.

I proceeded to ask our guide if this spot attracts tourists. He replied, ironically, "In a few weeks, the summer break starts for the *chareidi* community. This becomes a busy tourist stop for all the jeeps in this area of the desert. Every fifteen minutes, there is another *minyan* out here for *minchah*." In the meantime, though, we were the only people in sight. I took another breath as an eerie feeling crept through my bones.

*

The Rambam writes that in Temple times, the goat sent to Azazel serves as an atonement for all our sins including the intentional ones – even sins punishable by death. To atone for the gravest sins, one needs repentance as well, but for the lighter sins, only the goat is needed. No sacrifice brought in the Temple has the power to atone for intentional sins as does the power of the Azazel goat. What is the idea of tossing the goat who lost the lottery down the cliff to smithereens? Indeed, what is the origin of the name "Azazel"? If it is a name of Satan, as some commentators explain, isn't there a prohibition against bringing a sacrifice to Satan? How can this purify us from our sins?

As I stood there, these questions ran through my mind. As you will see from the sampling below, our Torah commentators, both past and present, have addressed these questions. R' Shimshon Pincus zt"l, for example, emphasizes that we should not understand that the goat was meant as a "present" or "bribe" to Satan (or Evil Inclination). Once you give this character a finger, he takes the entire hand. The concept of Azazel is entirely different. According to the Zohar (Emor) and the Midrash (Toldot), Azazel, Satan, and Esav are related. Sending the goat to Azazel is meant as a statement that the Evil Inclination and Esav's ways caused us to sin. We do not want anything to do with them. The Beis Halevi (Drush 3) writes that we are symbolically giving Esav a bit of our merits on Yom Kippur as payment for using and benefiting from his material world (given to him by Yitzchak). G-d converts this payment into all the riches and power that Esav gets each year. Symbolically, we are declaring that the world-tocome has supreme value in our eyes, and that this world is just temporary. This alone atones for all our sins.

During the year, we sometimes commit sins that we feel are a reflection of the real "us" – as if the sinful act is part of our nature or DNA. This is a terrible mistake! It's almost as if we were to look in a mirror with a massive wart drawn on it, and say, "I hate the way I look." Although we may have caused the problem, *we* are not the problem. Some people get so mad at themselves that they want to break the mirror. But, of course, that does not help either. We will always be stuck with who we are. Some people would prefer to move to another mirror, and be happy to see that the wart is gone. Clearly, though, the best approach is to wipe the mirror clean. And this was achieved through the goat of Azazel and the special power of Yom Kippur. On this day, by separating from worldly things and acting like angels, we try to show G-d that this is actually our true identity and nature all year long.

The blood of the goat is closest in color to that of human blood. (That is why Yosef's brothers showed their father Yosef's coat dipped in goat blood when they wanted to convince him that the boy had been killed by an animal.) This can help us understand the symbolism of using two similar goats in the Yom Kippur *avodah*. Despite their outward similarity, the goats went in two completely different directions: one sent to the wilderness of Azazel and the other sacrificed to G-

d on the Altar in the Temple. Symbolically, we are demonstrating that a distinction and separation is possible for us as well. If we will direct our thoughts and fully align ourselves with HaShem, then the sinful part of our being and personality can be sent away as if it were not part of us. Even if it looked as if G-d's priorities were not at the top of our list, this was due to the influence that Esav put in the world. As the Sages so eloquently put it: "Master of the Universe! It is well known to You that our will is to do Yours, but what is stopping us is the leaven in the dough and the nations." ריבוז העולמים, גלוי וידוע לפניך שברצוננו לעשות רצונך, ומי מעכב? שאור שבעיסה ושעבוד מלכויות (Berachot 17a). Our natural, true identity is לשם "for G-d."

A REFUND ON TIME

The days in which we presently find ourselves are days in which we all look for merits. However, R. Y. T. Salant, in *B'er Yosef*, helps us understand something about this from the famous story of R' Preida. (Eiruvin 54b) The Talmud begins with the *passuk* in our Parasha: את בני ישראל שימה בפיהם ועתה כתבו לכם את השירה הזאת R' Akiva learns from here that it is the responsibility of the teacher to make sure that the student comprehend the lesson and be able to repeat what the teacher said in his own words.

R' Preida had a student that would comprehend Torah concepts only after he was explained four hundred times. Once, in the middle of the four hundred times, R' Preida was invited to come to a Simcha that was to take place that evening. After the person delivering the invitation left, R' Preida finished the expected four hundred times. Still, the student did not comprehend. R' Preida asked what was different this time. The answer he got was, "The moment that the messenger invited you, I lost my focus. And then, after he left, I kept thinking that R' Preida would get up any minute to go to the Simcha." R' Preida responded, "Pay attention, and I will teach it to you again." He taught him another four hundred times. And then a Heavenly Voice came out and said to R' Preida," Would you rather have another four hundred years of life, or that you and your generation merit the World to Come?" R' Preida answered that he chose option B. G-d responded, "Give him both!"

Why did G-d give R' Preida both options, just because he chose option B? To pick the next world over a long life in this world is a no-brainer. Why then would R' Preida be rewarded so generously for his answer?

The answer is that R' Preida was on the level of wanting additional time in This World in order to serve Hashem more and more. He realized that every minute in This World was so much greater than all the pleasures of the Next World, where there are no more mitzvoth.

Still, R' Preida chose that he *and his* generation merit the Next World, passing up opportunity for his own growth (via long life) for the sake of his whole generation. And because he preferred bringing merit for the people over his own merit and personal spiritual growth, he was given a double reward. G-d did not let R' Preida lose out personally because of his sacrifice for other people.

When we do not have a lot of time, and we wish we had more of it, there is nothing better to do than to bring merit to the *tzibbur*. When we are hearing someone out, and he is taking a long time, don't rush him. G-d will give you a refund on that time. When we are in the *Asseret Yemei Teshuva* and we do not know how to squeeze the maximum out of the time we have, the best advice is to look around and see where we can cause more merit for Klal Yisrael.

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IN LOVING MEMORY OF SONNY AND IRENE GINDI A"H