



Parashat Vayeshev



English version

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THE ART OF BEING HONEST WITH YOURSELF

Honesty is a huge part of self-improvement. To be honest with yourself means to examine your personal narrative. Subconsciously, people tell themselves stories about themselves. Some stories are true, and some are not. Our stories came from different places, from things our parents, our teachers, our siblings, our friends told us. Stories form in our minds from what our spouses say and from how we compare ourselves to others. Stories form in our minds from what our ego tells us we should be, do or have.

Self-improvement begins when you step back from yourself, and stop the running story of your version of life that is going through your head, your personal narrative. Only then can you ask yourself the four questions. *Is my story true? Is there anything truer? What do I gain by keeping my story? Where would I be in life without my story?*

Being honest with yourself, is the trademark of the Jew, of the Yehudi. On Yaakov's last day, he made it clear to his sons through the way he rebuked them and blessed them, that Yehuda was the only son worthy of having Kingship stay in his family. *The staff (of royalty) should not be moved away from Yehuda* (Bereshit 49.) Why did Yehuda deserve to have Kingship stay in his family, more than in the families of Reuven, Shimon, Levy and Yosef? The Onkelos explains the words, *Yehuda, you admitted (your blunder with Tamar) and you were not embarrassed.* Rashi comments on the words *You rose from killing, my son.*

Yehuda's ability to admit is what made Yehuda's gene the only one worthy of royalty.

The royal, priestly, Hashmonai-Maccabee dynasty needed to go extinct, because they were descendants of Levi, and royalty is reserved to Yehuda's descendants, alone. Why is it so important that royalty remain by Yehuda? It seems that being honest with yourself is the heavyweight trait that deserves royalty, as King David admitted immediately that he sinned with Bat Sheva. If you don't have this gene, if honesty is not your second nature, you can't be royalty.

But why did the Hashmonai dynasty need to go extinct? Why is being honest with yourself the most important condition for royalty? Why not the ability to learn Torah with uninterrupted study (Yissachar), or the ability to manage big businesses (Zevulun), or the ability to judge alone (Dan)?

And, another question. The Torah commands *וַיֹּאמֶר יְהוָה אֵלַי וְאָמַרְתָּ אֶל־בְּנֵי־יִשְׂרָאֵל וְאָמַרְתָּ אֲלֵיהֶם וְאָמַרְתָּ אֲלֵיהֶם וְאָמַרְתָּ אֲלֵיהֶם וְאָמַרְתָּ אֲלֵיהֶם* *You shall place a king over you* (Devarim 17,15). Isn't Hashem our King? Aren't we supposed to listen to our prophets and rabbis, who tell us the word of G-d? Why did Yaakov even think to bless Yehuda with royalty?

The answer is that the job of the Jewish King is to be a human representative of G-d's Kingship. Although the king is powerful, he has someone who he has to answer up to: G-d. This is so deep. The story on the outside, is that the Jewish King is king, but the story on the inside, behind closed doors, the ideal Jewish King knows that he has his own King to answer up to, the King of all kings.

The ideal Jewish king knows that he is nothing without the King of Kings. As King David said כִּי מִמָּקֶד הַכֹּל וּמִיַּדְדָּךְ יִתְּנֵנוּ לָךְ" *Because everything is from You ...* (Divrei Hayamim 1, 29;14). To be a Jewish King, the deciding trait, the trait upon which kingship depends, is to be honest with yourself. To admit the truth, that above you is an Almighty G-d, and you are nothing without Him. The Hasmonaean royal family needed to go extinct, because they did not have this trait in their gene.

We are all called Yehudi, for we all have in us an aspect of Yehuda in our identity, of being able to be honest with ourselves and admit. The first thing we do as a Yehudi each morning is say Modeah Ani, we admit. The word Modeh has two meanings. To thank and to admit. How do we know which it is? If it says מודה ש, then it means "I admit that..." When it says מודה על, then it means "thanks for...". When you get up in the morning, the first feeling you have, the message from your subconscious is, your personal narrative is, I am because I am. So, we need to admit that this core belief, this story, is so wrong. I *admit*, that I am, **because You put a soul in me today.** מודה אני לפניך. **שהחזרת בי נשמתי** Every night, before you go to bed, you give your soul back to your Creator. בידך אפקיד רוחי. *In Your Hands, I put my soul for safe-keeping.* While I sleep, I am no more than a body without a soul. And when I awake, I admit that it is G-d Who put my Neshama back in me.

Ever wonder why it says, שהחזרת בי נשמתי I admit that you put back *in* me, my Neshama- and not נשמתי לי שהחזרת לי נשמתי that you returned *to* me my Neshama? The answer is that before I wake up, my body is just a lifeless box. A box that G-d, in His Kindness, puts a soul in each morning. There is no me that G-d returns something to, without the Neshama. I, me, only exists because of the soul that G-d gave me, this morning. There is no greater admittance to the truth, there is nothing you could be more wrong about in your personal narrative, than the belief that you exist today, without G-d having given you back your Neshama, today. Today is the day that G-d gave you. This is a very different Modeh Ani, different from a Modeh Ani of thanks. All because of a didkuk rule, of מודה ש as opposed to מודה על.

Ever wonder why we bless G-d every day of our lives for the way He made us: שלא עשני גוי, שלא עשני עבד, שלא עשני אשה, שלא עשני כרצונו *That He did not make a gentile, that He did not make me a slave, that He did not make me a woman, that He made me as He willed?* Wouldn't it suffice to bless this blessing just once in a lifetime? The answer is, because each day, G-d recreated you, because He knows you have more to learn, and you still have a deeper truth in life left to discover.

According to Judaism, admitting the truth, saying I was wrong, is not only a royal trait. It brings you up to a more elevated level as a person. מטרה בני. Admitting is the only way to becoming human and real. People are afraid to admit that they were wrong, out of fear that it might make them vulnerable or look dumb. Kingship is reserved for the bravest of all. There is nothing braver than admitting you were wrong. There is nothing smarter that you could ever do. One of the signs of a wise man is that "*on what he doesn't know, he says, I don't know, and that he admits to his mistake.*" (Avot, 5;7) Why is that such a fundamental part of being wise? The Mishna continues to say that if someone lacks these traits, they are a fool! Why is that so?

A wise man is wise, because he knows that there is still much more in life to learn, improve and achieve. There are deeper levels of truth we can achieve each day. If G-d put my soul back inside me today, it means that there is much more for me to achieve. The wise have this motto, *instead of crying, I keep on trying.* It is fine that I don't know something, it is fine that I made a mistake, I can keep trying to improve my performance, my thinking, my knowledge... The wise man prefers to cut his losses and admit his mistakes, so that he can take advantage of the new day and renewed Neshama that Hashem has given him.

Here are the Selfie-Steps. The Self-help steps to realize what causes people to be dishonest with themselves.

- 1- **Ignorance is bliss.** Not knowing the Halacha does not mean that you are keeping it. Not knowing how you make people feel, does not mean you are a nice person.

- 2- **Reality denial.** Not accepting the way events have turned, does not mean that your world did not change. Not accepting that you have fallen spiritually, does not mean that you haven't.
- 3- **Overconfidence.** 90 percent of all drivers think they are above average drivers. Macho thinking. Unrealistic optimism.

- 4- **Self-handicapping.** Underconfidence. Believing that you just can't succeed in what you really can.
- 5- **Filtering.** People embrace information that supports their beliefs and stories, and reject information that contradict the beliefs they wish were true.

LEADERSHIP WAZE

Most people think that the qualities necessary to become a leader are virtues such as honesty, integrity, the ability to be committed and passionate, communication skills, decision-making capabilities, accountability, delegation, creativity, etc. etc. Those are all important, but they are not the key virtue.

According to President Eisenhower, *Leadership is the art of getting someone else to do something you want done because he wants to do it.* The difference between a leader and a manager is that a leader is able to set a vision for someone else and help inspire them to reach that vision. A manager just manages, but does not lead. The list above are traits that may be important for managing, but not as crucial for leading.

People ask others to lead them, in all areas of life. It could be not such important decisions, such as choosing the right dish in a restaurant. My wife does not like it when I ask the waiter what is the most common dish in the restaurant. She says that I should just order what I want, not what most people want. But I like my food fresh, and usually the freshest is the item that sells the most. Or, it could be bigger life decisions, like what type of partner in life is most suitable, what type of career to choose, or how to bring up children and direct students. And it is up to you to decide if you want to be able to help those people to do what you want them to do *because they want to do it.* So, the golden question is, how do we genuinely lead others?

R Yeshaya from Krastir, a.k.a the “Rat Rabbi” (famous for his picture that repels rats, ridding infested areas of them), was among the most humble of Hassidic Rebbes. Someone approached R Yeshaya and confided in him. “Rabbi, I want to

commit suicide.” “How do you want to do it?” “I want to jump out of the window of my fourth floor apartment.”

The Rabbi responded, “Oh. What a shame. Such a respectable man. To die in such a fashion. Eyes here, nose there. Arms and Legs scattered on the floor. Isn't there a better way to do this?” The man thought a bit. “Okay, Rabbi. So, I'll jump into the raging river.” “Oh. What a shame. Such a nice, sweet guy like you, not to have even a proper burial! Isn't there another way?”... Until the person realized his worth. Until he realized that someone accepts him, someone respects him, and someone loves him. He finally found a person who would admire him for who he is, and not judge him for who he is not. This is an example of subtly leading a person to the choice that he subconsciously wants to make.

Ever wonder how, when Yaakov came to Charan with nothing but a walking stick, the first thing he did was to rebuke the local shepherds at the well? *הָיָה עוֹד הַיּוֹם גָּדוֹל לֵאמֹת הַאֲסָף הַמְקַנְהוּ הַשְּׂקוּ הַצֹּאן וּלְכוּ רָעוּ: The day is still long; it is not yet time to gather in the flocks; water the sheep, and let them graze ...* Why would they listen to him? Would you listen to a homeless foreigner who told you what to do or what not to do?

The answer is simple. Yaakov did not *first* give rebuke. Before he gave rebuke, he said... *אָחֵי מַצֵּין אֵתֶם. My brothers, where are you from?* He first showed Affection, by calling them “my brothers”. And then, Attention, by asking *where they are from.* The R Yeshaya was able to help this suicidal character by treating him like a person, a friend, not like a “character”.

It is so interesting to watch Yosef's life unfold. What got him into trouble was telling his brothers

his prophetic dreams. The Malbim helps us understand the conversation between Yosef and the brothers. After Yosef tells them the first dream of the sheaves, that his bundle of grain will rise amongst his brothers' bundles, and the brothers' bundle would surround the bundle of Yosef and bow down to it; the brothers' response was הֲמֵלֶךְ עָלֵינוּ אִם-מְשׁוּל תִּמְשָׁל בָּנוּ *Will you be king over us? If you will rule over us?* What was the double talk? And why aren't the words in both cases parallel? Why, in the Hebrew, does the word "if" appear?

The Malbim writes that there is a difference between a מֶלֶךְ and a מוֹשֵׁל. A מֶלֶךְ is someone who is appointed out of the will of the people, a leader (the word מֶלֶךְ is similar to the word מוֹלִיךְ), while a מוֹשֵׁל is a ruler that rose to power by force. So, the Malbim continues... The brothers were challenging Yosef's prophecy by bringing to his attention the contradiction that the dream entailed. *And behold – my bundle arose (amongst the bundles), and it also stood strong. While your bundles surrounded my bundle...* The first part of the dream connotes that Yosef would rule his brothers against their will. *And behold – my bundle arose.* But then, the dream says, *While your bundles surrounded my bundle, and bowed to it*, which seems to indicate that the brothers willingly accepted Yosef as their ruler...

This is the meaning in the two-part question; *Will you be king over us (a leader), if you are a ruler over us?* Yosef, once you try ruling, you can't lead! Being above, managing, is contradictory to leading. The same person cannot be both a leader and a ruler! (Ultimately the prophetic dream turned into a reality. Yosef actually started off as a ruler to his brothers, but eventually they accepted his leadership.)

THE RESPONSIBILITY OF COULD

Anyone who blesses Yehuda is disgusting to G-d. (Sanhedrin 6b) If Yehuda had the power to persuade his brothers to sell Yosef, he had the power to bring Yosef back to his father, as well. (Rashi *ibid.*) And because he did not take responsibility when he had the power to do so and did not finish the Mitzvah, he was punished by

So, Yosef burnt his relationships with his brothers by telling them of his dreams that he would be above them and by giving them the feeling that he wanted to rule over them. By giving them the feeling that he did not care if they wanted his guidance or not. And once the damage was done, no matter how much Yosef wanted to restore the feeling of brotherhood, אֶת-אָחֵי אֲנֹכִי מִבְּקֶשׁ, it was too late. No one wanted Yosef as a brother anymore.

Fast-forward 12 years. Yosef finds himself in jail, as a slave who was accused for immoral behavior with his master's wife. What got him out of all his mess? What brought Yosef out of his situation? What got the ball rolling, to take him from the bottom of civilization to the leader of the world? Listen closely to his first words, when he met the Butler and the Baker in prison. When he saw them looking confused in the morning after their dreams, he asked them *why do you look so sad today?* From there, Yosef became known as the interpreter of dreams, and was brought to Pharaoh... and the rest is history.

Real leadership is not taking over the steering wheel. It is much more like being the Waze for the driver. It is about putting your will aside, so that the will of others will shine. It has been said that the Hebrew word רשע, is an acronym of the words רצון של עצמי. Concentrating on one's own desires negates one's ability to recognize the needs of others. And it negates one's ability to recognize the Will of G-d. Without the awareness of the will of others, one can never be a true leader.

So, if you want to lead those you love, instead of asking yourself what *you* need in the relationship, ask what *they* need in the relationship. Instead of asking yourself what is bothering *you*, ask yourself what is bothering them. Instead of thinking of how you wished your dream spouse/ child/ parent/ boss would be, think of what *their dreams of you* would be... Then, and only then, will you be able to lead.

losing his wife and two children. (See Sotah 13b) For if he had the power to start, he had the power to finish. This is so true in our own lives, not only as a halacha (Haye Adam 1; 68), but also as an axiom of productivity.

People who start things and finish them are fueled by an inner sense of responsibility. And not taking responsibility for our given abilities brings us great stress. David Allen, the stress-free productivity guru, once said, *Much of the stress that people feel doesn't come from having too much to do. It comes from not finishing what they've started.* Why is that so? Because if you have the power to start, you have the power to finish. Potential that goes undeveloped is a great cause for stress. I have found this to be true when helping teenagers find themselves. Instead of focusing on all the things that are negative in their lives, I focus on self-development on each person's terms. Voice lessons, speed reading, sports, music, karate, art, dancing, etc.

This is why coaching is one of the best therapies. It builds self-esteem, while focusing on potential and responsibility. It is amazing how the stress level of my clients drops, just when we discover together their potential, power and responsibility. Planning together an awesome life of productivity, of actualizing potential, helps so many clients and teenagers who feel that part of them has been left undeveloped. Why? Because they had difficulty with just that. Actualizing. Finishing. Achieving “coulds”.

Nobody ever wrote down a plan to be broke, fat, lazy, or stupid. Those things generally result either from not having a plan of “coulds” or not taking responsibility to reach your goal.

Why do many people with power not take commensurate responsibility for it? There are various reasons; we will mention four, below. The main reasons is lack of belief that “with great power comes great responsibility”. If you can do something, you do not have the option do it when you feel like it, *when you are in the mood*. It means you are held responsible to do whatever you are able to do. R Chaim Shmulevitz expounded on this at length, especially regarding one's level of spirituality and consistency in learning Torah. Despite R' Akiva's lofty Torah learning, he was punished with an extremely painful death for not learning another level of Torah from R' Eliezer.

Now, let us take this a step further. Why aren't people aware of the fact that responsibility comes along with power? I believe that the answer is that they feel that if they do nothing wrong or bad in life, they are good. Flying under the radar. This can be the greatest mistake of your life. G-d holds it against you, if you are not striving to be the best YOU you can be. Yehuda, after all, did a good thing by selling his brother Yosef. Yet, he was punished for not doing more. Esther was held responsible for doing her thing in the palace, and not staying complacent, quiet or comfortable. וְיִאֱמָר מְרַבֵּי

לְהַשִּׁיב אֶל־אֲסֵתָר אֶל־תְּדַמִּי בְּנַפְשָׁךְ לְהַמְלִיט בֵּית־הַמִּקְדָּשׁ מְכַל־הַיְהוּדִים. כִּי אִם־הִתְרַשׁ תִּתְרִישׁ בְּעַתְּ הַזֹּאת רְחוּ וְהַצֵּלָה יַעֲמֹד לַיְהוּדִים מִמָּקוֹם אַחֵר וְאַתָּה וּבֵית־אֲבִיךָ תֵּאבְדוּ וְיָמֵי יוֹדֵעַ אִם־לָעַת כְּזֹאת תִּגְעַת לְמַלְכּוֹת. (Esther 4:13,14) All this teaches that if you are in the position to do something great, and you don't, you are held accountable. As the Yerushalmi teaches *Any generation in which the Temple was not built in its day, it is considered that it was destroyed in its day.* (Yoma Chapter1),

One of my favorite things is to meditate on all the things I could do in life. This gives me hope, power, and motivation. I realize that I could be on time for Shacharit; so, as a servant of G-d, אֲנִי עַבְדְּךָ בֶן אִמְתְּךָ, it is my responsibility to be there on time. Not just “If I want to, I could”. I could sleep on Shabbat and still find X amount of time to learn. So, it is my responsibility to make sure that I am woken up with ample time to learn. This thought gave me motivation. Because all motivation is dependent on three questions, which are the three tools in the motivation tool box... Why? (Why is it important? And why is *that* reason important?) How? (How can this be achieved? How did others achieve this goal?) Can? (Can I reach this goal? Do I believe in myself?)

What stops us from taking responsibility for our “coulds”, from reaching the clouds?

1. We do not tap into our inner power because F3 – Fear, Frustration and Failure-takes over and weakens us. As Rabbenu Bachye says, שהדאגה והיראה מחלישין כח האדם, Worry and fear naturally weaken the power of man, and bring closer his death (R Bachye Ki Tisa 30, Intro.)
2. We do not have a clear perception of what we really can or cannot do. We see what others are doing, or not doing, and learn from them. It has been said, *The No. 1 reason people fail in life is because they listen to their friends, family, and neighbors.* (Napolean Hill) *Whenever you find yourself on the side of the majority, it is time to pause and reflect.* (Mark Twain) Do you have a Rebbe? He is the only person you should be listening to. That was the power of the Maccabees: they listened to their Rebbe, their father Mattityahu, and they did not listen to or look at anyone else. And this was the reason Yehuda failed the test with selling Yosef, because he did not have his father, his Rav, to ask for advice.
3. The everlasting lie that obsessively controls our thinking, that we can live forever, that we are

not time-bound, saps our potential. Our Rabbis teach, אל תאמר לכשאפנה אשנה שמא לא תפנה (Avot 2;4) Put off until tomorrow only what you are willing to die having left undone. (Pablo Picasso)

4. We doubt that we have the ability to do something that is, in fact, within our reach. Yirmiah did not believe in himself, saying that he was but a lad, and G-d told him not to say that again. וַיֹּאמֶר יְרֵמְיָהוּ אֵלֵי אֱלֹהֵי אֶל-תֹּאמַר גֵּעַר אֶגְדִּי כִּי עַל-כֵּל-אִשָּׁר אֶשְׁלֶמֶה תֵּלֶךְ וְאַתָּה כֵּל-אִשָּׁר אֶצְנֶנּוּ תִזְבֹּר ה' And Hashem said to me, don't say "I am a lad", for wherever I send you, you will go, and whatever I command you, you will speak. Do not fear

THE SECRET OF SELF-DISCIPLINE

Yosef, one of the most handsome men ever, was tested by Potifar's wife in a way that we cannot begin to fathom. The seduction was obsessive. This wicked woman threatened to kill Yosef, to defame him and otherwise cause him harm. It would have been so much easier for him just to sin and get it over with. Whoever learns the Midrashim cannot believe the trials that the Midrash says this woman put him through. What gave Yosef the strength to avoid being with this seductive, married woman?

R' Zacharia Wallerstien draws a beautiful concept from here, a concept that he teaches all teachers, the secret to being the successful mentor. "Never give up belief in your students that they can turn around and become successful! Once you stop believing in the student, you have lost him!" As a coach, I know that the only way a coach can be successful is if he internalizes the following mantra: "There is an invisible sign hanging on everyone's neck, that reads, 'Please! I beg of you! Believe in me!'"

When Yosef was at the threshold of sin, he "saw" the reflection of his father's face in the bedroom, and that gave him the power to run out. What did he "see" that gave him this superhuman strength? The passuk says וַיִּמָּאן, *And Yosef refused* the seduction. The Taamim, the Trup, the tune for that word, is Shalsholet. The Shalsholet looks like a chain, and it is linked to the previous word וַיִּמָּאן that is written in the Parasha earlier. When Yaakov was told by his sons that Yosef was dead, וַיִּמָּאן לְהַנְחִיחַ, *he refused to accept consolation*. We know that it is inappropriate to mourn for a longer period than is allowed by Torah law. So, why did Yaakov refuse to be consoled as long as he lived? The answer is because he just could not believe the news; he could not accept

them, for I am with you, to save you, the word of G-d. (Yirmiyah 1; 7,8)

The Chida asks, in Chomat Anach, if Yirmiyahu was a lad, a na'ar, why did G-d tell him not to say that? The answer is huge. G-d was telling Yirmiyahu, who was about to face the world alone, You are not just YOU! You are MY MESSENGER!

You are much more than you! You are the mission that G-d brought you down to the world to accomplish!! Each and every Jew is a Yisrael, with the power to fight angels. Or to fight our Yetzer Harah, which is also an angel. The two most empowering days in your life are the day you are born and the day you find out why, and when you do find out, and you take responsibility for it, you are unstoppable!

that his son, in whom he had invested so much, in whom he had placed so much hope, who was the source of his power to stand up against Esav, was really, really dead. He believed in Yosef, and he refused to give up on him. "Until I am shown his corpse, I will continue to believe that Yosef lives."

Yosef felt that! He felt that his father believed in him, long distance! He felt that his father did not give up on him, no matter where he would find himself! Egypt, the point of lowest morality on Earth, was not a place where Yosef would be weakened. Even in the face of almost irresistible temptation, Yosef knew that his father believed in him, and that he would remain the one and only, Yosef Hatzaddik! He is the only one with the title Tzaddik, for he is the only one who was able to remain righteous in a test like that, *where no one else believed in him!* No one else, except his own father! *If my father did not give up on me, how can I give up on myself?*

The greatest present you can give your son, the biggest favor you can do for your disciple is to honestly, sincerely, believe in him. Express it in whatever way you can. Believe that he can make it, believe that he can turn around! That is what your son needs from you, more than anything else you can give him! I know; I've coached orphans, and the only thing that gives them the strength to face life challenges on their own is knowing that their deceased father believes in them, long distance!

Until our last moment, G-d does not give up on us, either. עד יום מותו תהכה לו, G-d waits for a person to do Teshuva, until the last day, until the last breath, until there is a lifeless body! This is the greatest motivator for all of us to do Teshuva. For as long as G-d keeps us

alive, that means He still believes that we can become who we need to become.

THE GREATEST SPIN ON YOUR LIFE

The Beit Yosef asks, Why do we celebrate the miracle of the candles for eight days? There was no miracle on the first day, for all candles burn, naturally. So why don't we celebrate only seven days?

The answer of R Tzadok is a great lesson: that when the miracle of the candles occurred, they realized that the very fact that candles burn is a miracle. (פרי צדיק – הנוכה) (כה) Because all of nature is a miracle. The Ramban, in Parashat Bo, (13;16) teaches that the reason why we mention the Exodus in so many mitzvoth that we perform, (Kiddush, Sukkot, Pesach, Shema recital, Tefillin, tzitzit, Mezuzah, etc.) is because that is a sign that G-d rules every part of nature. G-d could have brought one plague and finished with the Egyptians. But G-d wanted to show the world, ONCE AND FOR ALL, that He controls all ten aspects of nature that He subjected to plagues (S. HaChinuch 21). R' Chazkel says that it is recommended to learn this Ramban once every thirty days. Because it is so, so easy to forget.

R Tzaddok continues. Why is the “miracle of nature” embedded within the Chanukah miracle? Why, specifically on Chanukah, do we need to remember this lesson that the laws of nature are nothing more than G-d's Will? The answer to this question is the underlying message of Chanukah, and what Yehuda HaMaccabee and his brothers put their lives on the line for. To fight the Greek philosophy that there is an independent concept of Science and Nature in the Universe not related to G-d.

The Greek culture had its roots in the teachings of Aristotle. Aristotle was not only a philosopher. He was a forefather of education in all areas. He encouraged Alexander the Great to capture the world, in order to make it an educated one, instead of a barbaric one. Aristotle introduced the concept of logic to the secular world. Deduction. Math. Science. If you can't prove it, it does not exist. If you cannot prove that a bris makes someone holier, or that the Rabbis can rule nature by deciding when the new moon is, or that the seventh day is any holier than the sixth – if you cannot prove these things, chas veshalom, they do not exist. Aristotle taught his disciples to challenge and question everything. This makes Aristotle's teachings problematic, in that they advocate questioning the existence of G-d. מזה למעלה ומה לאחור. (Tamid 32a)

Out of all the games possible, the children studying Torah in the caves on Chanukah pulled these dreidels out to play with. This always bothered me, especially

because the letters **בְּמַגְדֹּל הָיָה שָׁם** were not yet applicable. But the meaning is now clear. The message of the Dreidel was the idea that the problem with Aristotle's “science” and Greek Culture is, what, exactly, makes the science a science? What makes the world spin, fire burn, or heat rise? What is the difference, scientifically, between a live body and a dead one; if all the parts are there, what made it stop working? Who is making the heart pump, or the mind think? The world of science definitely does not have all the answers. The world is being sustained by G-d's Will. People are breathed by G-d! If G-d wants a sea to split, fire not to burn, the dead to live ... science is not an issue. Whether it makes sense according to scientific laws or not, His Will rules.

And this is the lesson of the Dreidel. When you do not spin the dreidel “from above”, it lies, lifeless, on the table. The fact that it is spinning, means that someone has made it spin! The world that we see is the greatest proof that it did not “happen on its own”. And that is the miracle of nature, the miracle of the first candle. And the lesson of the additional night.

In last week's article I mentioned a quote from Napoleon Hill, author of “Think and Grow Rich”, the forefather of modern day self-help books. I got an email complaint, asking how I could have cited wisdom from a man who himself was not successful in making money other than by teaching others how to. Why take the advice and the wisdom from someone who, himself, was not successful?

I replied that the fact that he did not make money in his lifetime, does not mean that he had no wisdom. **לֹא לַחֲכָמִים לֶחֶם**. *Bread does not belong to the Wise.* (Kohelet 9 11) This common irony, that those people who write best-selling books on self help and advice who themselves were not successful in those areas, exists because G-d wants to show the world that success is up to Him, not up to your wisdom. For success is not a science. If G-d does not spin your dreidel, no matter how good your plan and efforts are, your dreidel will not spin. If G-d wants something to happen, it will happen. G-d wanted Bill Gates to become rich, so He made him the owner of Microsoft. It is not that because Bill Gates owned Microsoft he became wealthy. There were others who could have done it or may have tried to do it as well, but G-d did not want them to become wealthy, so they failed. “Results” are not due to science that is independent of G-d. So, even if Napoleon Hill was right

about the secrets of success, if G-d does not put His seal of approval on those methods, it just won't happen.

It was almost certain, and completely logical and to be expected, that the butler would have remembered Yosef earlier. Every time he went to tell Pharaoh, as he entered the palace, he forgot. When he left the palace, he remembered, and when he reentered he forgot, again and again. Everyday. For two years. Because when G-d does not want something to happen, He simply does not spin the dreidel. Even the dreidel of your knowledge. Aristotle once asked R' Yossi, "What is a wise person?" According to Judaism, that G-d is the one who spins the dreidel of success and knowledge, who is wise? Is the amount that I was able to come up with through "logic" also dependent on G-d? And if according to Judaism, G-d is in control of what I remember and what I forget, and when, so who then is considered Wise? To that R' Yossi answered, Being considered a wise person is not determined by how much you know or how much you use your logic. Your wisdom is determined by your willingness to live according to the principles of truth that you have learned. Because the only success that we are in control of, is becoming a better person.(בראשית

189 (רבתי פרשת מקץ Aristotle was caught behaving different than some of his moral teachings.)

The Talmud mentions a conversation between Aristotle's student, Alexander the Great, and the Sages. Alexander asked, Who is wise? The Rabbis answered... One who can foresee the outcome. ...Who is Strong?... One who overcomes his Inclination... Who is rich?... One who is happy with his lot...(Tamid 32a)

Alexander wanted to hear the perspective of the Torah to self-help and productivity. He wanted to learn a fresh perspective on what is considered success. Because if G-d is in charge of results, then who is considered a successful businessman? It could be that the successful businessman ends up being a poor person, who never made a dollar! The victor could be the weaker of two combatants, just because G-d wanted him to win! So, who is really the Mighty? The Rabbis answered, that "your" success is not defined by external results, which are in the hands of G-d. But on how you better your nature. By working on becoming a better person.

THE MAGICAL DREIDEL

An incredibly interesting question was asked by R' Zacharia Wallerstien. The letters on the Dreidel, on the סביבון, are the letters 'נ' ג' ה' ש', that are an acronym of *נ*, *ג*, *ה*, *ש*, *a great miracle happened there*. Now, the legend goes, that at the time of the Greek oppression, the Greeks outlawed Torah learning. The Torah students went into hiding to learn Torah. And when the Greek soldiers discovered them in the caves or other hiding places, the students hid their Holy books and started playing dreidel, so that they would not be caught learning Torah.

Asks R' Zacharia, what in the world was written on the dreidel that they played with? It can't be just a dreidel without letters, for then it is not a game, it is just a spinning device. And the meaning of the letters *נ*, *ג*, *ה*, *ש*, *a great miracle happened there*, had not yet happened! They were still under Greek oppression!

The answer R' Zacharia brings from the Seforim Hakedoshim is even better than the question. The letters on the Dreidel were the same then as they are today. The letters stood for *נ*, *ג*, *ה*, *ש*. Goshen was the town where Yehuda and Yosef built the Yeshiva for the Jews to learn in in the dark times of the Egyptian exile.

Some Jews believed that in this dark time of the Greek oppression, if it is forbidden to learn Torah, then the Yeshivot will have to close, and Torah learning will be only by individuals, without a structure of people getting

together. But then, there were those who believed that in order for Torah to be learnt properly, especially in Exile, we would need Yeshivot; we would need another Goshen. We would need to follow in the way of Yosef and Yehuda! The people in the Egyptian oppression survived spiritually in the merit of Goshen. So, they invented the Goshen game, or the dreidel that we know. And then, the most amazing thing happened. G-d spun this dreidel, and turned the letters from *נ*, *ג*, *ה*, *ש*, Goshna, to *נ*, *ג*, *ה*, *ש*, *A great miracle happened there!* The merit of the Torah spun for us the miracle that we call Hanukah.

When we hear of terrorist attacks in Israel, we tend to miss the miracles that happen at the attack. A onetime attack in France, in California, a plane of Russians that was blown up – and the numbers are terribly tragic. But in Israel, for some reason, the attacks have far less casualties, if any. Ask the people that were in the upstairs shul at the Har Nof Massacre; they will tell you. As sad and tragic as it was, it could have been much worse. We see miracles in the dark. And as important as the IDF is, as important as the police force is, there are just some things they cannot control. Even the Iron Dome can stop only certain types of missiles. So, what do we have to rely on? We can rely only on Miracles. On *נ*, *ג*, *ה*, *ש*. And the way we get G-d to spin those miracles for us is by having *נ*, *ג*, *ה*, *ש*.

This is not just a nice little Dvar Torah. This is life. If you want to learn, go to the Beit Midrash. Stay in Yeshiva. Join a learning program. Get a study partner that you won't miss for anything, even if you have to pay him. This is the secret for staying in learning. Structure, Goshen. One student told me that his goal for learning in Israel for the year is to be able to learn on his own, to be self-motivated when he goes back to America and starts "real life". He wants to develop self-discipline; he wants to be able to read Gemara, on his own. "Rabbi, teach me how!"

The answer is structure. Goshna. Get a Beit Midrash you can fall in love with. Get a learning program you can fall in love with. You are in Yeshiva, not to become a Rosh Yeshiva, but because being in Yeshiva gives you the structure that makes it easier to learn, here, than not to learn. You are not learning in Yeshiva so that you can get ready to learn for life. That is just a side gain. Yeshiva is where the real, genuine, authentic learning is.

Yeshiva students' parents often get disappointed at the Yeshiva their son is in, when the student does not end up learning in his Bein Hazmanim time at home. They feel as if he wasted his time in Yeshiva, and they wasted their hard-earned money. As if he did not "grow". What is so shocking? No structure, no chance! At home, it is easier for you not to learn than it is to learn, whereas in Yeshiva it is easier to learn than not to learn. Distractions at home are dumbfounding, literally.

Yeshiva's structure keeps the Torah pumping through us. And every minute that we learn, there is nothing, nothing in the whole wide world that is more precious. Over Chanukah, My father taught me a beautiful

THE MAN IN THE WINDOW

Six years back, I was walking out of the Argentinian Shabbat minyan in Bayit Vegan, Jerusalem, after the morning prayers, when I heard my name called out in a strong Spanish accent. I turned around to see someone running after me, someone whom I had never made acquaintance. I kept on walking, but more slowly. This fellow caught up to me, and asked, "Are you related to Yosef Shabtai Farhi?" I told him that I had no idea, though my father once told me that most Farhis are related. This fellow, about twenty eight years old, was a collector of old books. He had found a book written by Yosef Shabtai Farhi in a rare ancient book sale in Buenos Aires. The book was (and looked) about 100 years old, and bore the name **תקפו של יוסף**. This book was written in a time where in Sephardic countries, the European Enlightenment, Reform and Conservative thinking, started to be the "in thing". The author writes the entire story of Yosef according to all the midrashim, with all the emotions in story style, all in a beautiful

concept. Torah learning is what keeps the world spinning. How so? Our Rabbis teach that if there would ever be a time without Torah learning, the world would have nothing to stand on. This is why the world was created round, so that when Yeshivot in Israel are sleeping, the Yeshivot in America are learning. And when America is asleep, you have Torah learning in Israel. From his small cave, R' Shimon Bar Yochai knew that the world was round, and he wrote this in the Zohar (ויקרא) פרשת ויקרא דף י עמוד א) way before Columbus discovered America! It had to be so; otherwise, the world would not have merit to exist for 24 hour periods! There has to be a place that is light when it is dark in Israel! R' Shimon knew that there would be Yeshivot in those dark places in the future. So, there is nothing more appropriate to write Goshen on than on a toy that spins! For that is what keeps the world spinning!!

Greek wisdom taught that anything that could not be seen or measured, anything that was not a science, did not exist. So all spirituality, they claimed, was nonexistent. They believed that if one cannot see that Shabbat is holier than Sunday, if one cannot prove that a circumcised child is holier than one who is not circumcised, if the calendar needs Rabbis to decide what day of the month it is, then it was all a hoax! Aristotle, also, knew the world was round. His deduction was made from the way the moon reflects the sun's light when the moon is not full. But, all the science in the world cannot reveal what is the force that is making the world revolve! Ask any kid who learnt in Yeshiva! He knows! We all know that the world, like the dreidel, spins on Yeshiva learning!

rhyme. I read it with passion; it moved me to tears. In the introduction, the author writes that the reason he wrote such a book was for the teens of his generation that were faced with the new temptations of intermarriage. They, and I believe all of us as well, should learn from Yosef how to stand strong in the face of the trials and challenges the "new era exile" may bring. When we want to know how we can stand strong in the face of temptation, we can learn from Yosef, who provided us with the perfect model. Each word is a gold mine.

In the Talmud Sotah (36b), we find the following quote: *"At that moment (when Yosef was at the height of his test with the wife of Potifar and about to sin), Yosef's father's "reflection" appeared in the window. He (the visage) said to him, **Yosef!** Soon, your brothers will be written on the garments of the High Priest and your*

name will be among them. Do you want your name to be erased to be called an “agent of harlots”?

We must ask ourselves, who cares where in the bedroom of his master’s wife in Egypt Yosef saw his father’s reflection? What difference does it make if it was seen at the top of the bed or in the window?

The answer is amazing. Our rabbis tell us that Yosef had the exact facial appearance of his father, Yaakov. We can feel safe to say, then, that Yosef *did not* see his *father’s face: he saw his own reflection in the mirror!* He saw himself as he would be in the future. He saw what he could become. He saw that he could become like his father. He saw that his name could be written on the holy breastplate – and *this* is what G-d showed him in the window.

SUCCESSFUL DEAD

I know that this title will catch people’s attention. But that is not why I chose it. I chose it because there are many ways that people understand what success is. When everyone in the shul says in Hallel, **אנא ה' הושיעה נא** “Please, G-d, give us salvation quickly; please, G-d, make us successful quickly,” there are different things going through the different minds of the worshippers. Some people, of course, are not even thinking about what they are saying. But even the ones who are, have different definitions of success.

There was a Kollel Avreich that I was coaching who found himself successful in a certain business field. He felt that if he was making money, then this must have been what G-d wanted him to do with his life. When people are making money, or when they are becoming famous, it is common for them to feel that this is G-d’s will. After all, they reason, had He not desired this outcome, they would not have achieved their success. But this is very wrong. The Hovot Halevavot makes this very clear. In many instances where G-d makes a person rich, his wealth is not a blessing. It is a test. So it turns out that from a Torah perspective, making money is not at all the definition of being successful. Some hope that they can “make it”, “get to the Hall of Fame”; but this is similar to the case of the rich: that they are not being “successful”, but, rather, being put to the test. If you notice, in all the prayers we make, we almost never ask G-d to make us rich and famous. Such a request can be made only in a personal, voluntary prayer that we may add in **שמע קולנו**. This is because, for most people, being rich and being famous are not always blessings – or even at all good for them. On the contrary, it takes them away from what our religion considers to be real success. There is only one success in our religion: sanctifying G-d’s Name at all times. To “be” – to live

The reason why Yosef merited this “wake up call” was not without a firm base. The Midrash Rabba tells us that the following is how Yosef refused Potifar’s wife: *“G-d regularly comes and chooses from the members of my family, from the best of them, someone to be brought up as an Olah sacrifice (Yitzhak). He regularly comes and reveals Himself in prophesy in the middle of the night. If I listen to you and sleep with you, G-d might come to me in the middle of the night and find me impure.”*

This is the way, and the only way, a person can endure temptation. He must look ahead at what he could be, and see that this temptation will stop him from getting to his rightful destination. This lesson can be learnt from just one word that jumps out at us here in the Midrash. Every word is a gold mine. And every one of us is a gold mine, as well.

and to die **על קידוש השם**. It is easy to forget this all-important goal when thinking about “making it big”. And the only time it *is* acceptable to ask to become rich, to ask G-d that we become well-known or acclaimed, is when we want to use that wealth or fame to make us attain a greater degree in being **מקדש שם שמים**. And, the intent behind the person’s prayer becomes very clear through his expression of thanks, if his prayers are answered. What does he say? “I was successful,” or “G-d granted me success”?

This reminds me of a personal story that I had with my Rosh Yeshiva, R’ Nosson Tzvi Finkel, zt”l. This story actually sheds light on R’ Nosson Tzvi, what he was all about, and how he ran the Yeshivas Mir, the biggest yeshiva in the world. It was about six years ago when I heard of a prominent community member, also a family friend, who got into big financial trouble. As this person donated appreciable sums to important funds in Israel, I asked if the Yeshiva could say Tehillim for his success – specifically for his **ישועה**. The Rosh Yeshiva told me, “We do not know how things will turn out. We should daven only that Kiddush Hashem be the result, and not **חס ושלום**, a Chillul Hashem.” At the time, I did not realize what he meant. Now, I do. I realize that all of our Tefillot are in essence not for what *we* consider success or salvation. Not that the sick feel better. Not that the poor have sustenance. Not even that we learn Torah with more fervor. Even though this is what we actually ask in our prayers, still, that is not the *essence of prayer*. Money comes, and money goes. People come, and people go. But the **כבוד שמים** is always at stake, either a Kiddush Hashem or a Chillul Hashem. The essence of prayer, all prayer, is to be, **מקדש שם**, and in all our supplications, we are actually asking that there be a Kiddush Hashem. We ask for

specific things, for when Hashem hears our Tefillot, when He answers our prayers, there is a Kiddush Hashem, because we prayed to Him, and then He granted our requests. And then, we attribute the “success” to Him. This is how we end the first blessing of the Amidah. **למען שמו באהבה** – not for us, but for Him. *We are even willing to die for Him*, (one of the **תְּכוּנוֹת** that we are supposed to have in saying those words) *and that would be our success*, because that is what we are all about. Although we might know this, we tend *not* to lead our lives according to this principle.

The Talmud in Sotah (10) says, Yosef that *sanctified G-d's Name* in private, by withstanding his test with Potifar's wife, merited having the letter ה' from G-d's Name added to his – **עדות ביהוסף שמו**. Yehuda, who *sanctified G-d's Name* in public, merited having his whole name the Name of G-d. Since he admitted that Tamar became pregnant from him, the Heavenly Voice said, “You saved Tamar and her two boys; I will save **מישאל ועזריה** from the fire of Nebuchadnezzar.” We see from here that the way to be **מקדש שם שמים** is by doing everything we do and living our lives the way G-d asks of us. And there is a difference as to whether our actions are in public or in

LIVING IN THE PRESENT

Many of us, at some point in our lives, feel despair and sorry for ourselves over situations in which we find ourselves. We may imagine that if we would have been in so-and-so's shoes or possessed someone else's *mazal* then we would be more successful and content. These feelings may be felt as one struggles in their learning in yeshiva or seminary but rationalizes failure: *if only I would have been in a different school or environment before I came here, I would have been much better off*. Similar regrets may be harbored by one who watches friends getting married, starting families, as one feels “left behind”. A person may blame business or life partners, relatives, friends, teachers or religious and other authorities for “ruining my life,” “messing me up.” However, these attitudes and reactions handicap and hamper the fulfillment of one's potential. They greatly affect the decisions one makes for his/her future, especially if the response is to sit around and wait for the good times to start.

I would like to draw on an observation about the mindset of Yosef in similar circumstances. The Midrash relates how Yosef's master, Potifar, noticed how Yosef would constantly whisper to himself while executing household chores. Potifar suspected that the Jewish boy was casting spells on his home and family. The master confronted Yosef about his peculiar behavior. Yosef replied that a request to G-d was always on his

private. We forget that living the way we are supposed to, with every challenge we face, is in essence putting **שם שמים** on the table. Our every act is either **ה'ילול** or a **קידוש**. And we find that Yosef, was the only one in the Torah to be called successful, **ויהי ה' את** *–When? When he was in the house of Potifar, working as a slave. Why? Because יהי ה' את יוסף* G-d was with Yosef. Yosef was able to make a Kiddush Hashem, despite the unenviable position in which he found himself. The position was irrelevant to success; the end result – sanctification of G-d's Name – defined it!

The Tzafnat Paneach writes that the mitzvah of lighting the Chanuka candles is a double mitzvah. There is a commemoration of the miracle of the oil. And, we light the candles outside, in public, to commemorate the miraculous victory. This **פרסומי ניסא**, lighting outside, is taken very seriously in the Charedi homes in Israel and is to be done in the best possible way. People are particular as to when to light and where to light. This is not being fanatic. This is the whole mitzvah of Chanuka. It is showing that the victory was not just a victory at war. It was a victory of sanctifying His Name. **ואתה עשית שם גדול וקדוש בעולמך**...

lips: *My constant prayer is that every action I do will find favor in my master's eyes.*

One may wonder why Yosef cared so much to find favor in his master's eyes. After all, he did not owe anything to his master, Potifar. Yosef, a mere teenager at age 17, had been kidnapped, *messed over* and sold as a slave by his own brothers. We would expect him neither to exert himself nor be particularly productive while thinking about his bitter state. Apart from G-d, Yosef was alone in the world. We would not be surprised if Yosef had lost all trust in his family and religion. After all, his older brothers were great and holy men. How could such people treat him so abominably and unjustly? Yet, despite the circumstances, Yosef did not let these thoughts take him away from acting properly and effectively. Yosef lived in the present. If G-d doomed him to be a slave, then he will not only perform his best; he will constantly pray to G-d that he finds favor in the eyes of his master *since that is the best thing he can do in his present situation.*

Rebbe Simcha Bunim of Peshischa would say: a person who denies that the dirt under his feet was put there by G-d for a purpose is a *kofer* (non-believer) in regards to *hashgacha pratit* (divine providence). Where we are is exactly where G-d wants us to prove ourselves to ourselves. So many successful people are not

necessarily successful because they had resources of money, good family, emotional support, friends and contacts, high IQ, etc. that brought them to success. More often it is because they employ a character trait we may call resourcefulness. They choose from what they can do. They look around, noting how they can achieve the most they can with what they have and where they are – *and do it*. It is even *strange* how frequently people blame things upon reasons which they believe cause them to be stuck. This prevents them from moving forward in their lives. There are so many decisions one can make and actions one can perform where free will can be exercised and many of our dreams may be attained. G-d gives everyone a lot of room for this.

THE INNOCENCE OF CHEESE

There is a custom on Chanukah that women refrain from doing work while the candles of the Menorah are burning. This custom commemorates the miraculous routing of Syrian Greek troops by Yehudit, daughter of Mattityahu (Maccabee), the Kohen Gadol. Yehudit's victory took place on her wedding day in that terrible period when all Jewish brides were forced to be with the Greek general just before starting their marital life.

On that fateful day, Yehudit approached the general with a bag containing a flask of wine and a block of cheese. Once in seclusion with him, Yehudit opened her bag and offered the general a taste of enticing cheese. The general could not resist, and ate the salty cheese – which made him thirsty. Yehudit then made her next move: she offered the general the wine she had brought along so that he could quench his thirst. As she had hoped, the wine got the better of the general, who fell into a deep slumber. When the Greeks soldiers were shown that their leader had been assassinated, they fled for their lives. This well-known episode is also the source of the custom to eat dairy products during the eight day holiday of Chanukah.

Although this custom and story are well known, the deeper meaning is not. *Why do we commemorate the cheese, but not the wine? If Yehudit's plan was to get the general to sleep, then the main ingredient of her plot was wine. The cheese was just a means to the end of*

On a final note, Rebbe Tzadok HaKohen, in *Tzidkat Hatzaddik*, deduces that if G-d invests so much in each and every one of us it is because he believes in each and every one of us. It is as important to believe in ourselves as it is to believe in G-d. This is what we mean when we say *Ani Maamin* (I believe). א-ל אמונה ואין עוול ... means that G-d put His belief in His Creation that it will reach Its purpose. He believes in each and every one of us as well. We first have to believe in the *Ani*. Only then can we be a *Maamin*. May we learn from Yosef's belief in himself. And, maybe, then we can learn from his belief in G-d.

getting the general to thirst for wine. Why, then, do we ignore the wine, and make a big deal about the cheese?

The answer is inspiring. Every *general knows not to drink wine in wartime*. Cheese, however, is not necessarily on the radar screen of a general at war. If Yehudit would have brought only wine, then her plot would not have gotten off the ground. The only way to have gotten the general to drink wine was to first give him some cheese that would make him thirsty. The failure of the general was in thinking that he could eat cheese, but not get thirsty enough to need a flask of wine to quench his thirst. This is why we commemorate the cheese, but not the wine.

We are all 'generals' in a battle to be better, more G-d fearing, observant Jews. Often we are confronted with temptations that could cause us to make mistakes. The obvious sin is more easily avoided. No one is ordering 'bacon and eggs', but sometimes we could fall into a trap of something (metaphorically, 'the cheese'). We may say to ourselves, 'There is nothing really wrong with this' or 'Only this one time' or rationalize to ourselves 'I know my limits, I won't go too far'. These and other similar situations cross the minds of many 'generals' in the battle for Torah values.

It is not the "wine" that we have to fear. "Cheese" is much more of a threat because it is, we tell ourselves, "only cheese."

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IN LOVING MEMORY OF SONNY AND IRENE GINDI A" H

