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THE HUMILITY TACTIC

The clock is ticking. We are in a total lack of control of the time, the judgment, the verdict. All we have for self-defense is Teshuva, Tefillah and Tzeddaka. (Rosh Hashana 16b). Rosh Hashana is coming soon, G-d is going to judge me soon, and some time on that day, my fate for the future will be decided. Time flies when you are having fun, and time disappears when you are not doing Teshuva.

This is not a scare tactic. This is a humility tactic. Rosh Hashana judgment is not to scare us. It is to make us humble.

Probably the biggest lesson of Rosh Hashana is that nothing is for granted. All that you have from last year, all of your honor and respect, all of your wisdom, all of your skill, your health, your life, your freedom, your relationships, your very existence, your whole "account", ... does not transfer over to the new account, the new year, "automatically", without the King's decision.

As a coach, I have seen many life changes over the years. People sat with me while they were going through the darkest moments in their life, and then I saw them a year later – the happiest people. Everything just worked itself out; even the wildest of dreams came true. Like having a first child at the age of 60+, like breaking the connection with marijuana, like going from financial depression to making 500 grand in one year, or seeing a close relative being suddenly, miraculously released from jail. Or seeing the boy with a strong stutter, who no one wanted to marry, end up marrying the girl of his dreams. And the list goes on. All those verdicts were given on RH.

Every Rosh Hashana, the Y2K fantasy goes into effect. Before New Year 2000, people were frantic with worry that the computers running very important data were not ready for the switch from 999 to 000. But every year, on Rosh Hashana, we all go to 000. And then, G-d decides what to give us for the New Year. You cannot transfer anything from one account to another, from one year to another - even your right to live - without G-d's approval. This is true to the extent that halacha dictates that we recite the blessing, ברוך אתה ה' if we did not see a, אלוקינו מלך העולם מחיה המתים person for an entire year. Blessed are You, our G-d, King of the Universe, Who resurrects the dead. What? Your friend did not die! Why this wording?!! Because if you did not see each other for a year, certainly, one Rosh Hashana has passed by. If you passed Rosh Hashana, it is not that you made it out, alive, but that G-d gave you another chance to live. He resurrected you. (Berachot 58b, see Meharsha: Shulchan Aruch OH 225;1) A scary thought. Or, more precisely, a humbling thought.

The voice of the shofar expresses many things: our crying out to G-d, our tears, our request that He remember the Binding of Yitzhak. (Rosh Hashana 16a). It is also G-d's calling out to us, to waken us from our slumber of Olam Hazeh, of materialism and self-centeredness (Rambam Teshuva 3;4). It is the sign to reach for a new perspective of humility, as portrayed by the bent-over shape of the Shofar (Rosh Hashana 26b see Rashi). How does the Rambam say something different from the Talmud? And why does the Talmud, itself, contradict itself?

I believe that it all boils down to humility. When we are humble, we remind G-d of the binding of Yitzhak, "and He considers it as if we had bound ourselves". And the only way that we can awaken ourselves from the slumber of Olam Hazeh is through humility. How so?

Every time we see G-d's strength, we see His humility. (Megillah 31a) Before creating Adam, G-d consulted with the angels. וַיָּאֶהֶר אֲלְהָים וַעֲשָׁה אָדָם. Let us make man. Rashi says, Even though the angels did not help Him in creating Man, and there is a place for the hypocrites to focus on, the Torah does not refrain from teaching proper conduct and humility, that a person who is greater should consult and ask permission from those who are less in stature.

The Midrash tells us the rest of the story. When Moshe recorded the Torah, when he reached this verse, he asked G-d why He would allow an opening for hypocrisy in His Torah. G-d said that He wanted to teach humanity humility, to seek counsel from those who are less wise. The lesson of humility is a great lesson, and if a person wants to make a mistake, misinterpreting, believing that there is more than one G-d, Has Veshalom, then he will make a mistake no matter what is written (Breshit Rabah 8;8). Even if the Torah says "I will make man".

But why is this lesson of humility so important that G-d is willing to allow a place for heresy? Because once someone is humble, there is no room for mistakes. G-d is so obvious. All questions about Emunah come when one is lacking in humility.

The Alter from Slabodka, R' Eliyahu Dessler, and R Chaim Friedlander all learn from here that the first thing that stops someone from repentance, from uprooting bad habits, is haughtiness. A person thinks within the framework of his desires. *And a person's desires go according to his haughtiness*. How much he thinks he deserves. If someone decides to follow a certain way, even if he is making a grave mistake, no one can stop him. And if someone is haughty, all he wants is his way. One's logic is distorted. The atom bomb to the Yetzer Hara is humility. אשא *I raise my eyes to the mountains*, to the Yetzer Harah that looks so overpowering. Western Culture, Advertisements, Honor, Money, Fame, Life Challenges, Stress. The *mountains* of the Yetzer Harah. (When Mashiach comes, G-d will slaughter the Satan in front of the world, and to the righteous, the Satan will look like a huge *mountain*. See Sukkah 52a) What is the only weapon against all of this? אין יבא עזרן יבא *From nothingness, from humility, will come my strength*. That is the only help I can get.

Why is humility the only key out of the Escape Room of Desire, Lust and Ego? Because that is the only way one can see outside his four amot, outside his mental schema. The first sin of Man was from the desire to be G-dlike, והייתם כאלוקים. With that first sin of arrogance, we gave entry to the Yetzer Hara into our psyches. And when we get rid of arrogance, we rid ourselves of lusts, bodily appetites and negative emotions such as anger and jealousy. When we rid ourselves of arrogance, we shake off all negativity, bitterness and grudges. This is why when you find humility inside your heart to forgive, G-d forgives you for all your sins. . כל המעביר על מדותיו מעבירין לו על כל פשעיו Hashana 17a)

This is why we read the story of Chana and Peninah on Rosh Hashana. It is the story of Elkana's two wives. Chana was barren; Peninah was mother of 7. Peninah would praise her 7 children to Chana, intending to make Chana so hurt that she would pray with more intent and merit a child. And then, G-d switched things around. Chana had seven sons, and Peninah lost hers. Although her intentions were great, a drop of haughtiness ruined them. Because haughtiness can make you the most insensitive, the most selfcentered and the most evil person in the Universe. And on Rosh Hashana we read this story to remind us that G-d can switch all the one ups and one downs we have 180 degrees.

So, what does G-d want from us on Rosh Hashana? How does G-d want us to restart at the start of the new year? To make ourselves small, so that He can make us great (Eruvin 13a). Small ego, big man. Big ego, small man. The whole Shirah of Chana is about אופיל גאים עדי ארץ That G-d brings down the haughty to the ground. מעפיל בעדי שפלים עד That G-d brings the lowly up high. The Kotzker would say that the reason why G-d brings the humble to the very top and keeps them there is because even when they are on the top, they stay humble. And the reason why G-d brings the haughty to the ground and keeps them there is because, even while they are on the bottom, they remain haughty. There are seven mitzvoth each one of which has the weight of all 613. Denying Avodah Zarah, 2. Wearing Tzitzit. 3. Shabbat. 4. Torah learning. 5. Brit Milah. 6.Tzedaka. 7. Living in Eretz Yisrael. The Baal Haturim, in this week's parasha, lists an 8^{th} . The Mitzvah of Teshuva. Why is Teshuva so powerful? Because Teshuva is the power of humility, and when you master humility, it is as if you observed all the 613. (See Baal Haturim Devarim 30; 11)

May we all merit a year of happiness, hope, health and most importantly, a year of humility.

THE SILENT WITNESS

Your best chance at judgment on Rosh Hashanah is to take it seriously. Rosh Hashanah is the time that G-d judges how much you value life as an opportunity to serve Him better. And the "impression" you make on Rosh Hashanah will be the New You for the New Year.

"You don't get a second chance to make a first impression". Social science states that after the first seconds. people decided 3 vou meet subconsciously if they like you or not. G-d gives you a week to decide what type of impression you want to make, and that will be the New You for the New Year. A lot is at stake during the next week. R. Moshe Shapiro was quoted as saying that Rosh Hashannah is the Rosh, the Head of the new year. The whole body is encapsulated in the head; the brain runs every part of the body. And your behavior on Rosh Hashana has control over your behavior for the coming year. The rest of the year depends on your RH performance.

Recently, I moved apartment in Bayit Vegan, Jerusalem. And when moving a family after 10 years, you have a lot of decisions to make. The most common of all decisions was what to throw away and what to keep. My wife and I concluded that the rule of thumb should be something I read in the field of maximizing space and organization. If you had no use out of the item for a whole year, you most probably could get rid of it. The space in your house has more value than the item. Don't waste space on things you don't need or on things that have little importance.

And then, I started shaking. I realized that is what Rosh Hashanah is all about. G-d decides on the upcoming fateful day who used his potential, and who was a waste of oxygen. G-d keeps us around to bring G-dliness into the world. G-d kept us around last year, for He decided, that we would fulfill a purpose to justify our being around last year. He believed in us. And now, there is judgment, to see if our merits outweigh our misdeeds. Just like an employer checks to see if his employee is bringing in more than is being spent on him. Is it worth keeping me around? Or do I get tossed out, *chas veshalom*?

But G-d saves the day. תקעו בהודש שופר בכסה ליום תקעו בהודש Blow the Shofar in the (new) month, when (the moon) is covered for our holiday. כי חק לישרא-ל הוא For this (day's) law is (a day) beyond logic for Israel. It is a judgement day for the G-d of Yaakov.

Notice that Pesah and Sukkot are on the 15^{th} of the month, Yom Kippur is on the 10^{th} , Shavuoth, on the 6^{th} , and only Rosh Hashanah is on the first of the month, when the moon is covered. The moon is covered". The moon is symbolic of the Jewish people, as

mentioned in Birkat Halevana. The similarity between the two is that both the moon and the Jewish people have times when their light is strong and full, and times when our light is weak - then, we are not noticeable. The Jewish holidays, Pesah and Sukkot, are when the moon is full, to commemorate the times when the Jewish people shone in its full glory. So, why is Rosh Hashanah on the day when it looks dark for us? When the moon is covered?

The Zohar says that on the day of Rosh Hashanah, when G-d is judging the world, the Satan levels his accusations against. "G-d! Your children have sinned!" G-d asks the Satan, "Who are your witnesses? My Torah says that I accept testimony only if there are two witnesses". So the Satan goes to the Sun, and brings him as a witness. For surely, the Sun can testify to all the sins of each and every Jew. And the sun testifies. And then the Satan goes to look for the Moon to be the other witness. But the Moon is out of sight! It is covered! The Satan has only one witness, when G-d's Torah requires at least two! This is why we are celebrating Rosh Hashanah, that the moon is covered! And this is why G-d judges us on Rosh Hashanah.(יערות דבש לול (מדרש − זוהר חלק ג' ער"ה /דרוש י' כ"ה אלול) This is the only way we get out of the sticky judgment. And this is why we are not to mention our sins on Rosh Hashanah, so that there won't be another witness against us! The gentiles, who do not follow the Torah, accept one witness. So the sun is a witness against them, making judgment against them more difficult. But the Jews have this הזק, this Torah law, that another witness is needed to get someone in trouble.

I wondered what this means, that the Moon is covered, so it cannot testify against us. Why can't the Satan find the moon? Can't the Satan see in the dark? Can't the moon testify, even if it is covered?

The answer is that the moon is not just covered. The moon has the power of renewal, and when the moon is covered, it is undergoing renewal. The secret of the Jewish people is that they are able to renew themselves. G-d judges us on Rosh Hashanah by the impression we make on that day, more than anything else. As the Shaarei Teshuva (1 41) cites the Yerushalmi, אם זר וישר היית לא נאמר. אלא אם זך וישר אתה G-d tests how you are now. Rosh Hashanah is a time that you are in the process of renewal. And just as the moon is a different moon, you are a different person. The Satan cannot use the moon, the epitome of renewal, to testify against a nation of renewal. You are a new person, and the Moon knows that the testimony on the old you cannot be used against the new you.

There is one reason why I believe it is fair for me to ask for another year. Because now, I am a year smarter. I have realized what my weaknesses are and what my strengths are. That is why, for a whole month, I am admitting sins, beating my fist against my heart, soul searching and thinking of my sins between the Shofar sets. Because I know that when I am coming into the New Year, I realize where I can go and where I can't. I realize what stresses me and what builds me. And I realize that without G-d, I am nothing.

Maybe, just maybe, G-d will give me another chance to be a better Jew!

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IN LOVING MEMORY OF SONNY AND IRENE GINDI A"H